

100 QUESTIONS and ANSWERS
ON THE LAW OF LIFE

2nd EDITION

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FOREWORD

In the following pages of this booklet, several of the great Ascended Beings have offered to answer a number of questions which might appear uppermost in the minds of' those seeking Light and 'rruth upon our planet today. While each question is not answered in the fullest detail one might expect, it must be understood that the fullest explanation of' any

one subject concerning the Law of' Life cannot be given in even one booklet such as this, but simply serves as an indication to the seeker that the answers to all of his questions will become available as he treads the Path sincerely seeking more Light.

To each one thus imbued, we offer our deepest Love and congratulations. Once you step upon the Path of Spiritual Enlightenment, there is no turning back. The Light from God's Heart ever beckons us onward - a beacon in the shadows and a sustaining power in adversity - to that one glorious Goal of all - the Ascension. Here we become ONE with the Father; ONE with the Son; and ONE with the Holy Spirit - a Holy Trinity- unto ourselves - never looking backward except to extend a helping hand - in love and compassion - to those still walking the ways of' Earth.

Sincerely yours in the
LIGHT OF GOD THAT NEVER
FAILS

The Bridge to Freedom, Inc.

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I -THE BELOVED LADY MASTER - PARSES

Speaks on

Man's journey on the Earth

As My Name denotes, My activity is directly concerned with the analysis of abstruse terminology. It is My privilege to translate into simple form some of the Truths which have been distorted by man's concept.

The following are the

first of a series of questions which are uppermost in the hearts of mankind in their soul search for spiritual edification. I shall answer these questions in a concise manner.

1. WHAT IS THE PURPOSE OF MAN'S JOURNEY UPON THE PLANET EARTH?

To bring into physical manifestation his portion of the Divine Blueprint given to him by the Father,

2. WHY DO YOU SAY "THE FATHER" - USING THE MASCULINE ASPECT OF DEITY?

Every Divine Being is basically masculine and feminine in nature - having the power of both fecundation and nourishment. This power is also latent in everyone not yet ascended. The mass of mankind cognize only one facet of this expression and an understanding of this principle would avoid much unnecessary degradation. Man, during

his many embodiments upon the Earth, is required

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to express either aspect; but before his Ascension both aspects must be equally developed. He can then magnetize, nourish and sustain his Divine Blueprint. The Christian (Sixth) Dispensation, under the direction of Beloved Jesus, emphasized the Fatherhood of God. The Seventh Dispensation, in which you are living, will inculcate the Feminine Aspect of Deity (the Father-Mother God.)

3. WHY IS MAN REQUIRED TO EMBODY MORE THAN ONCE UPON THIS EARTH?

For the reason mentioned in Answer 2; and the over-all picture, or Divine Blueprint of the Godhead, is of such tremendous scope that the individualized lifestream requires rest between the various phases of his development, and while sojourning in the inner realms, he is shown what he should have accomplished in the time allotted to him in that particular span on Earth. There are Divine Teachers in these inner realms who voluntarily assume the responsibility of training each individual in order that in a succeeding embodiment he will progress after looking impersonally upon both his successes and failures. These Divine Teachers are assigned to each individual by the Great Karmic Board.

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II

LORD THEOPHRASTUS

Speaks on

The Karmic Board

"I AM" He who followed Plato and Aristotle in the Peripatetic School. Therefore it is My pleasure to follow the Lady Parses. I, too, shall impart to you in simple terms several answers to questions which are imperative to the understanding and application of the Spiritual Law.

4. WHAT IS THE KARMIC BOARD?

The Karmic Board is a Council which voluntarily assumed both the responsibility and obligation of meting out the necessary lessons required by each individual who has taken embodiment upon the planet Earth. All of mankind were originally created in the image and likeness of the Father-Mother God without taint of sin. Each one was endowed with the power of free will in

using his creative faculties to fulfill his portion of the Divine Plan - as Lady Parses said.

While each individual utilized this free will to fulfill his Divine Missions, the First Golden Age flourished. At that time, there was no requirement for the Karmic Board. The Second and Third Golden Ages completed their courses in a like manner,

The cycle of the Fourth Age upon the planet Earth found Her a voluntary hostess to peoples from other planets who had rebelled against God's Law and were thus planetary orphans (lag-gards).

Then the peoples of Earth, despite the protection invoked by Lord Michael and other Divine Beings succumbed to the subtle sin of curiosity. Their experimentation with the misuse of free will caused what is known as the "fall of man." They became enamored of their use of the creative powers, independent of God-direction, and that which you know as the soul was born.

Anticipating this rebellion against the Father-Mother God and the resultant discord which would ensue, three Divine Beings volunteered to assist anyone so enmeshed in this personal and mass creation of imperfect thoughts, feelings, words and actions. Thus the first Karmic Board was formed. Through successive ages, due to recalcitrance upon the part of Teachers as well as students, the number of Members of the Karmic Board has been increased to seven - each representing a particular God Victim temporarily lost by man. The Divine Beings who comprise the Karmic Board qualify for Their Office according to the requirement. Thus the Office and the individual Beings are not always the same.

5. HOW DO THESE MEMBERS ASSIST MAN?

At the close of each embodiment, the soul is required to appear before the Karmic Board. Here he is given opportunity to explain THE REASON for the activities in his last Earthly embodiment. The Karmic Board in turn looks upon the MOTIVES behind such activities and assigns each soul to a realm whose vibratory action is akin to such an one's consciousness. Also at this time a Teacher either volunteers or is assigned to such a soul so that it will better understand the reason for its being, and upon its return to Earth in the next embodiment have opportunity to make restitution.

6. FROM WHENCE IS THE WORD "KARMIC" DERIVED?

As a man sows, so shall he reap, Therefore all energy the soul has misqualified becomes "evil" Karma; and that which he qualified in a constructive manner is good Karma. It is oftentimes referred to as the Law of Cause and Effect.

7. WHAT IS PURGATORY?

Purgatory is not a place, but is an activity of purging the soul. Man is not required to carry his imperfect karma with him until he leaves his flesh body. The Act of Purgation SHOULD TAKE PLACE as soon as he is privileged to know of the Sacred Fire of Transmutation and by cooperation with the Karmic Board and the Divine Beings who are waiting to assist him when so invoked. Those who refuse to accept this Truth while in embodiment will, of necessity, be assigned by the Karmic Board to the exercise of purgation after so-called death.

8. WHAT IS HELL?

Hell is the state of consciousness - an uncomfortable one - in which man reaps the results of misdeeds. When he learns the use of the Sacred Fire of Transmutation, he can remove the resultant effects of his misdeeds, It is entirely man's self-chosen estate through the mis-use of free will. He can remain in that consciousness with its attendant suffering or extricate himself by the act of purgation, As We have previously told you, each individual has lived for ages of time, Therefore the extent of each soul's personal hell and period of purgation is determined by his use of life through those ages. His

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redemption will likewise require a balance of honest endeavor. There is no permanence to hell or suffering of any kind when the individual ACCEPTS THE LAW OF THE CYCLE, takes full responsibility for the conditions in which he presently abides, and makes humble supplication for assistance in his redemption.

III

THE ASCENDED LADY MASTER - MERCEDES

Speaks on

The Violet Transmuting Flame_~-

9. WHAT IS THE VIOLET TRANSMUTING FLAME?

It is the Sacred Fire which is God's pure energy qualified by Divine Being to purify all discordant energy.

10. HOW CAN UNASCENDED BEINGS AVAIL THEMSELVES OF THIS MERCIFUL BLESSING?

By the invocation of the Divine Beings who have dedicated Themselves to this service.

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My Beloved Sister, Kwan Yin, and all of Us have taken a voluntary vow to Helios and Vesta that We would never enter Nirvana until the Earth and all Her attendant evolutions are completely free of distress.

11. WHO ARE THESE DIVINE BEINGS?

Those who serve on the seventh Ray - Arcturus and Diana; Zadkiel and Holy Amethyst; Ascended Master Sairt Germain and Portia; Kwan Yin and Myself; and the Ascended, Seraphic, Cherubic and Angelic Legions who serve with Us.

My Beloved Sister, Kwan Yin, and all of Us have taken a voluntary vow to Helios and Vesta that We would never enter Nirvana until the Earth and all Her attendant evolutions are completely free of distress.

12. HOW CAN THESE DIVINE BEINGS BE INVOKED?

By thinking about Us and being able to accept Our reality and capacity to render this service; by requesting Us to give the required assistance. This will be easier of accomplishment for those who have served with Us through the ages as this strikes a resonant chord in their feelings.

13. WHERE IS THE VIOLET TRANSMUTING FLAME?

It is a Fourth Dimensional Activity which is omnipresent - actively directed by the Divine Being when invoked by the individual requiring assistance for himself or others.

14. WHAT HAPPENS WHEN THIS VIOLET TRANSMUTING FLAME IS CALLED INTO ACTION?

It accelerates the vibratory action of the electrons which make up the atoms which compose the four lower vehicles of the individual. As this acceleration takes place, the cells and atoms automatically throw off the effluvia consciously or unconsciously gathered through the ages.

15. WHERE DOES THIS IMPERFECTION GO?

Into the Sacred Fire which purifies it and returns it to the individual with the required specific God Quality.

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16. HOW LONG DOES IT TAKE FOR THIS
TRANSMUTATION?

It is dependent entirely upon the amount of the effluvia, the acceptance of faith, and the perseverance of the individual.

MIGHTY ZEUS

Speaks

on

The Eight Bodies of Man

17. WHAT IS REQUIRED TO SUSTAIN THIS STATE OF
PURIFICATION?

Rhythmic use of this blessed purifying agent until perfection is manifested and sustained.

18. CAN THIS BE USED FOR THOSE NOT IN
EMBODIMENT ?

Yes, until an individual has made the Ascension. Through the use of free will, more imperfection can be created. Eternal vigilance over the creative faculties of thought and feeling will result in God-Victorious achievement.

"I AM" Zeus, one of the Sun Gods who came to this Earth and was privileged to raise Greece to the height of her perfection centuries before the Beloved Jesus brought His Light to the world. Spiritual Illumination is released to the chela according to his capacity to understand and apply greater knowledge for the benef'ation of the planet Earth and Her evolutions.

19. WHY DO THE DIVINE BEINGS SERVE ON THE
SEVENTH RAY? In most instances, the chela has been told about the seven bodies. However, under the direction of the God and Goddess Meru, I have volunteered to explain simply the eight-fold Nature of man as God created him.

The Seventh Ray is particularly active under the two thousand year cycle of the Ascended Master Saint Germain begun in 1954.22.

DOES MAN FUNCTION THROUGH MORE THAN
ONE BODY?

20. WILL YOU, MY CHELAS, JOIN WITH US IN THE
GLORIOUS REDEMPITIVE PROCESS? The entire eight vehicles are necessary - f'our in the Higher Spheres and four in the lower, in order to be a perfect conductor of one Aspect of Deity.

Many of Us have come out of the Great Silence for this specific purpose. Methinks it advisable for you to join with Us in this service NOW!

IV

MIGHTY ZEUS

Speaks on

The Eight Bodies of Man

"I AM" Zeus, one of the Sun Gods who came to this Earth and was privileged to raise Greece to the height of her perfection centuries before the Beloved Jesus brought His Light to the world. Spiritual Illumination is released to the chela according to his capacity to understand and apply greater knowledge for the benefaction of the planet Earth and Her evolutions.

21. EXPLAIN THE BODIES OF MAN.

In most instances, the chela has been told about the seven bodies. However, under the direction of the God and Goddess Meru, I have volunteered to explain simply the eight-fold Nature of man as God created him.

22. DOES MAN FUNCTION THROUGH MORE THAN ONE BODY?

The entire eight vehicles are necessary - four in the Higher Spheres and four in the lower, in order to be a perfect conductor of one Aspect of Deity.

23. WHAT ARE THE NAMES OF THESE BODIES?

THE WHITE FIRE BEING, made in the image and likeness of God is moulded out of pure Electronic Light Substance and is ever active as a radiating center in the Cosmic Realms, an infinitesimal

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part of Itself being the energizing power of the other bodies. As the planets revolve around their individual Suns, so do the White Fire Bodies of all mankind actively participate in the joy of Cosmic Creation.

DIVINE COMPLEMENTS¹ The first decision made in the Heart of the White Fire Being is whether to function only in the Cosmos or voluntarily project the Dual Aspect of Its Divine Nature into the Ascended Master Realms to give more concentrated assistance to a particular evolution.

These Divine Complements are known to some students as the individualized "I AM" Presence.

CAUSAL BODY: This is the accumulated good of the lif'estream which is created by the interest

and activity of each such an one. It forms the aureola of the "I AM" Presence. The nature and service which each "I AM" Presence is to perform was determined before individualization took place. Seen with the inner sight, all the colors of the spectrum are a component part of the Causal Body. The Virtue or Quality to which the individual has an affinity will from the largest reservoir of energy - the color dependent upon the Quality. Wise is the student who cognizes the truth that the Causal Body as an infinite supply which can be drawn forth for his benefaction and that of all mankind. By Its very name, it is a body of CAUSE, and the EFFECT is destined to manifest wheresoever the astute student calls it forth.

HOLY CHRIST SELF: Jesus referred to this Spark of Divinity within man as "the Father within." When the "I AM" Presence volunteers to take embodiment upon the Earth plane, it projects a tiny replica of itself into the mother's womb at the time of conception. It is the cohesive power around which the Builders of Form create the lower bodies. As the Feminine Ray increases in intensity upon the Earth, the mothers of the race will become more cognizant of the sacred privilege of assisting the Builders of Form in nourishing the Holy Christ Self. She, in truth, is a chalice for the incoming Spirit. The obligation and responsibility of parents to the spirits of the unborn can either hinder or delay the spiritual development of these children. As the great Manu, Saithrhu, already awaits with the first sub-race of the Seventh Root Race the opportunity of sending these forerunners to the Earth to more quickly accelerate Her evolutionary progress, it is the obligation of the Manus and Their recalcitrant children on Earth to complete their course quickly to make room for these great Beings. Again the wisdom of the ages requires humility, discrimination, balance and sincerity to this dedicated Cause. Anonymity is a Spiritual Cloak!

24. WHAT ARE THE NAMES OF THE LOWER BODIES?

The emotional, mental, etheric, and physical bodies.

25. WHAT IS THE FUNCTION OF THE EMOTIONAL BODY?

The emotional body is the feeling world. It is the largest of the four bodies. and is composed

primarily of the water element. The emotional body was designed by the Builders of Form to act as a cradle in which the other lower bodies would be enfolded; even as the landed surface of the Earth is cradled by the seas. Its correct service

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is to nourish Divine Ideas with the positive feeling of accomplishment. Thought, words and actions have little efficacy until the buoyancy and enthusiasm of the feelings projects and sustains them in whatever sphere the individual's consciousness desires them to act. since individualization took place.

It receives

from the mental body those ideas which have been energized by the feeling world. Before thoughts and feelings can be manifest in the physical appearance world, they must be sieved through the etheric body. As the etheric body holds all the records, both good and evil, within itself, it is of prime importance that the misdeeds of the lifetime recorded therein be transmuted. These records form the essence of the personality and stamp all the activities of the individual with its specific nature.

The feeling consciousness must be purified by calling to the Beloved Ascended Master Saint Germain and the Violet Transmuting Flame because through aeons of time the individual has been subject to various situations wherein disappointments, disillusionments, and rebellions have created rebellious feelings - "troubled waters."

When so purified, the feelings will always determine the activities of the outer self - subconscious or conscious.

The Beloved Ascended Master

Jesus was admonished to first become Master over Himself (the four lower vehicles which He used in His last victorious accomplishment) before He could be Master over the lower vehicles of others, as well as the elements themselves.

Having such Mastery, it was easy for Him to expand the FEELING OF PEACE to the raging waters that alarmed His disciples in Galilee.

26. WHAT IS THE FUNCTION OF THE MENTAL BODY?

The mental body should be the chalice for the receptivity of the Divine Ideas. It has the power within itself to mould these Divine Ideas into practical workable form, the same purifying process as given for the emotional body applied

to all four lower bodies.

27. WHAT IS THE FUNCTION OF THE ETHERIC BODY?

The etheric body, sometimes called the "soul", records all the experiences of the lif'estream

28. WHAT IS THE FUNCTION OF THE PHYSICAL BODY?

The physical body is the anchorage upon the Earth plane through which should be channelled a portion of the activities of the other seven bodies. When they are in perfect attunement with the White Fire Being, they are a Master Presence here on Earth. Conversely, the imperfections of the physical body are the result of the impact of the emotional, mental, and etheric natures not only of itself, but of other lifestreams. Present and past environment and associations are primal factors in the constitution of these bodies.

29. WHAT SHOULD AN INDIVIDUAL DO TO ERADICATE THE IMPERFECTIONS IN THE FOUR LOWER BODIES?

One who has conscious knowledge of the purifying activities of the Sacred Fire in its sevenfold aspect, should invoke its transmuting powers. Each lifestream, through aeons of service with one or more of the seven Rays, will find the particular Rays to which they have an affinity, and they respond more readily to those Flames and Rays when invoked.

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30. HOW DOES ONE PROCEED IN THIS INVOCATION?

First accept the reality of the Beings who are the Directors of each of the Rays. Then learn the Quality and Activity of each Ray. Then practice invocation to the Divine Being who is the consolidating focus for this specific service. Here again, the feeling nature of the individual (when purified) will be of the greatest assistance in cognizing which Ray is the most efficacious for that particular individual.

31. WHO ARE THE DIRECTORS OF THE SEVEN RAYS: AND WHAT ARE THEIR SERVICES?

QUALITY

COLOR

RAY DIRECTOR

1st

2nd

3rd
4th
5th
6th
7th

El Morya
Illumined Faith
blue

Confucius
Wisdom
gold

Lady Rowena
Love, Adoration
pink

Serapis Bey
Purity, Hope
white

Hilarion
Consecration
green

Lady Nada
Healing, Ministration
ruby

Saint Germain Mercy, Purification
violet

32. WHAT IS A SIMPLE EXERCISE TO DETERMINE THE FLAMES AND RAYS TO WHICH EACH MAN HAS AN AFFINITY?

"I AM" (3) the Resurrection and the Life of Beloved Ascended Master El Morya's Illumined Faith IN ACTION in my being and world today.(3)
'I'hen follow through with the Beings and Qualities of the other six Rays. This exercise should be performed rhythmically in each twenty-four hour period for nine months in order to avoid any misconcept as to the efficacy of the 15

Flame and Ray which brings the greatest assistance to the individual.

Also, as individuals, through the course of many embodiments, have served upon several of these Rays, they will be strengthened on those Rays upon which they have not been particularly active.

THIS IS ONE OF THE MOST EFFICACIOUS WAYS OF
ROUNDING OUT AN INDIVIDUAL'S NATURE!

•*****

SUGGESTED INVOCATIONS
TO THE DIRECTORS OF THE RAYS

1. El Morya

"I AM" (3) the Resurrection and the Life of
Beloved Ascended Master El Morya's Illumined
FAITH IN ACTION in my being and world today!(3)

2. CONFUCIUS

"I AM" (3) the Resurrection and the Life of
Beloved Ascended Master Confucius's WISDOM IN
ACTION in my being and world today! (3)

J. LADY ROWENA

"I AM" (3) the Resurrection and the Life of Be-
loved Ascended Master Lady Rowena's LOVE AND ADOR-
ATION IN ACTION in my being and world today!()

4, SERAPIS BEY

" I AM" (3) the Resurrection and the Life of
Beloved Ascended Master Serapis Bey's PURITY AND
HOPE IN ACTION in my being and world today!(3)

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5. HILARION

"I AM" (3) the Resurrection and the Life of
Beloved Ascended Master Hilarion's CONSECRATION
AND CONCENTRATION IN ACTION in my being and world
today! (3)

6. LADY NADA" I AM (3) the Resurrection and the Life of'
Beloved Ascended Lady Nada's HEALING AND MINI-
STRATION IN ACTION in my being and world today (3)

7. SAINT GERMAIN

"I AM" (3) the Resurrection and the Life of
Beloved Ascended Master Saint Germain's MERCY
AND PURIFICATION in action in my being and world
today! (3)

V

MIGHTY ZARATHUSTRA

Speaks

0'1

Magnetization

of the Spiritual Centers of the Earth

"I AM" Zarathustra, High Priest of the Sacred
Fire of Enthusiasm, which is the buoyant feeling
of God-Accomplishment required by every aspirant
to sustain them in constant service to the White
Forces. I, like M~ Confreres, have offered My
services to the God and Goddess Meru and those
of you who thrill to the vibrant fires of creation

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which are Mine to give and yours
the benefaction of the Earth.

33. WHY ARE THESE GREAT BEINGS, GENERALLY UNKNOWN TO THE STUDENT, COMING FOR THAT THIS TIME?

Because of the recalcitrance of the Earth and Her attendant evolutions, many of Us who have served the people of Earth in ages past have volunteered to add the required impetus necessary for spiritual growth and understanding and ACTION.

34. WHENCE CAME YOU, ZARATHUSTRA?

"I AM" (3) the Resurrection and the Life of Beloved Ascended Master Saint Germain's MERCY AND PURIFICATION in action in my being and world today! (3)I came from the Heart of the Sun of this System (Helios and Vesta) at the crucial hour when the veil of maya was so heavy a cloud upon the Earth that even physical fire was unknown as a means of warmth, light, and purification.

35, WHY CAME YOU ?

To bring again the knowledge of the Sacred Fire and to create a Priesthood who could, and did successfully invoke the Powers of Light with sufficient intensity to kindle anew the embers of Divinity in the hearts of man - thus preventing the disintegration of the planet.

36. TELL US, PLEASE, HOW WE CAN BEST COOPERATE WITH YOU.

Become aware that within your heart is a spark of the Fire of Creation which I shall fan with My Fire of Enthusiasm into that same blazing feeling of interest in the Earth's redemption, which according to Cosmic Law is destined for a permanent acceleration preparatory to the move --18- ment of the planets sequence.

37. AFTER WE HAVE DEVELOPED THIS AWARENESS, HOW DO YOU SUGGEST WE PROCEED?

In the same manner that I and My disciples did. In the study of true Astronomy, there are certain strategic points on the planet Earth wherein distinct Foci of the Sacred Fire are required to be magnetized and sustained to send forth a radiation of a particular God Quality to hold the balance of constructive vibration in the lower strata wherein the mass of the people abide. The geometrically related Foci must be personally magnetized by individuals who have an affinity to the required God Quality. Today, Astronomy is more abstract and the student who is chosen at inner levels for the great privilege

of magnetizing a God Quality in a certain locality is oftentimes unaware of' the seemingly natural desire to go to a location. The students of Zarathustra are beyond the subtle curiosity of the outer mind and the fanciful promptings of unsatisfied cravings of the personality.

38. KINDLY GIVE US AN EXAMPLE OF THIS.

Before the birth of' the Beloved Ascended Master Jesus, the trained astronomers scanned the heavens for that particular Star which would denote His advent. When it appeared, they followed that Star to Bethlehem to give homage to the Christ Child. So does the student of Zarathustra cognize, through the beam of his attention, the astronomical centers from whence they shall be instruments in the magnetization of a certain locality. Oftentimes such students re-embody age after age in such a location to give a greater

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momentum of concentrated and one pointed energy to that specific Focus on the Earth. All of' the Ascended Master Retreats are so geometrically located. Thus does the Lord of the World create the geometric pattern for each year which will be most beneficial to the human race by assigning the specific Master Retreats which will be energized by the attention of the students during that particular period. These are the fluctuating designs necessary in each year which the Beloved Maha Chohan weaves into the perfect Design for the two thousand year cycle.

39. UNAWARE OF TRUE ASTRONOMY, WHAT ADVICE WOULD YOU GIVE THE STUDENTS?

There is a Law beyond human law which keeps the planets and stars in their orbits, and this Law acts through the initiative of the chela in placing him in the orbit wherein he can render the greatest service, usually surrounded by several other students who have a like affinity. These few gathered together and magnetizing the God Virtue required, shall see the manifest expression in works well done if they are able to overcome the disintegrating force of personal deficit:s. Students who are, by reason of karma and geographical isolation, unable to be members of a Group, are having special training preparatory to their future service, and should not dissipate the energies which We channel through them. KNOW that whether you are in a Group Activity or serving individually, We have placed you

there for a specific reason, and when your service is completed in a specific locality, We shall, in a natural manner, move you to another location requiring the assistance of your momentum of service to the Light.

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40, AS THERE HAS BEEN SO MUCH FEAR IN PEOPLE'S MINDS REGARDING THE "LATTER" DAYS WHICH ARE UPON US, HOW CAN WE DISTINGUISH BETWEEN FALSE PROPHECY AND THE TRUE WORD OF GOD?

Fear is an insidious tool of' the sinister force and FEARLESS ARE THE STUDENTS OF ZARATHUSTRA ! Remain and trust, wheresoever you may be, until I direct you elsewhere.

PLEDGE TO ZARATHUSTRA

In the Name of' the Presence of' God which "I AM", I solemnly pledge the God energies loaned to me by the Father-Mother God of' Creation to cooperate with the Mighty Zarathustra.

I invoke Beloved Zarathustra to fill my being and world with His FEELING OF ENTHUSIASM in this Service, So help me God!

VI

MIGHTY ZOROASTER

Speaks

on

The Law of the Rhythmic Breath

"I AM" ZOROASTER, one of' the Divine Beings who has offered the God and Goddess Meru My particular services in bringing the remembrance to the earnest chelas of the importance of Rhythmic Breathing.

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41. WHAT IS THE EFFICACY OF RHYTHMIC BREATHING?

It clarifies the four lower bodies of the noxious substance which has been accumulated and lodged in the cells and atoms which make up these vehicles.

42. DOES RHYTHMIC BREATHING PERFORM THE SAME SERVICE AS THE USE OF THE VIOLET FLAME OF TRANSMUTATION?

Yes. The more the individual does the Rhythmic Breath, the more efficacious is the action of' any spiritual exercise.

43. THEN WHY STRESS THE IMPORTANCE OF THE

USE OF THE VARIOUS FLAMES OF TRANSMUTATION?

Because the average individual has forgotten the proper use of the Rhythmic Breath which he once knew in the earlier ages. In the invocation of the Divine Beings who direct the Flames of Transmutation, They send the Sacred Fire through the four lower bodies in a rhythmic manner, thus setting up an action of rhythm in these bodies. When the chela learns, and applies, the Law of the Rhythmic Breath, the transmutation of imperfection will take place in an almost instantaneous manner - the chela then being able to consciously cooperate with the Divine Being or Beings so invoked.

44. HOW DO YOU SUGGEST THE CHELA PROCEED IN THIS EXERCISE OF THE RHYTHMIC BREATH?

Invoke the remembrance of the correct use of the Rhythmic Breath (which is pulsating in the Causal Body of each chela) which he or she used -22-

in previous Golden Ages. In these eras, such an one was a self-luminous being whose locomotion was one of natural grace and beauty-expressing the Divine attributes as the Father-Mother God intended. From the tiny blade of grass to the most perfected Being on Earth, the rhythm of the Cosmos was channeled without interference for there was no discord of any kind. In these cycles the Cosmic Tone of the planet Earth played its perfect part in the over-all Symphony of this Solar System. The Manu of each cycle strikes the keynote for that entire two thousand year period, and all the life belonging to His Root Race and sub-races is supposed to contribute to the Symphony which He directs. The Seven Manus designed Their keynotes to blend one with the other so that the final crescendo for the planet Earth would resound in Victory when Saithrhu and His Children inhabited the Earth.

45. WHAT CAUSED THE DISSONANCE IN THE DIVINE SYMPHONY?

The misuse of the free will of some of the children of the Manus, as well as the inharmony of the "orphan" guests which over-populated the planet and Her environs and distorted the natural Symphony.

46. WILL YOU KINDLY GIVE US A SIMPLE EXERCISE IN RHYTHMIC BREATHING?

a. Call to the "I AM" Presence and Beloved Astrea

to SWEEP Her Flame of Purification through the four lower bodies.

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- b. Ask your Holy Christ Self to consciously command the obedience and respect of the four lower vehicles to the Presence of Deity.
- c. Exhale the breath through the oral cavity qualified with Astrea's Ray of Purity - accepting that purification emotionally, mentally, etherically, and physically.
- d. The Beloved Maha Chohan secured a Dispensation from the Cosmic Law to instruct the chelas to breathe, individually and collectively, under the protection of the Divine Hierarch and Sponsor of each month. Indiscriminate experimentation with the use of the Breath without such protection is dangerous in the extreme.
- e. To consciously cooperate with the Beloved Maha Chohan (who gives you your first breath and receives your last on the Earth Plane), it is imperative that you use the Breathing Affirmation of the current Ascended Master Retreat.
- f. REMEMBER, this is an essential Spiritual Exercise which should be performed with as much dignity and reverence as the chela can command.

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VII

BELOVED VICTORY

Speaks on

The Power of the Three Times Three

"I AM" VICTORY, that very Being Who, on Tara's Hill (a Sacred Mount indeed), drew from the Beloved Saint Patrick all of His own full-gathered momentum of Illumined Faith in God, PERSISTENCE IN INVOKING GOD'S HOLY WILL for the benighted children of God. At last, after the extreme tests upon Lord Patrick's patience, I interceded with the Heavenly Father-Mother God and received the dispensation of spiritual salvation for the people of Ireland who were the re-embodied spirits who once knew VICTORIOUS EXPRESSION when the Chohan of the First Ray - Beloved El Morya - guarded and guided them from the Halls of Tara. I, like unto My Confreres, have given My pledge to Lord and Lady Meru to answer some questions - particularly pertaining to the Power of the Three Times Three.

47. WHAT IS THE POWER OF THE THREE TIMES THREE?

I shall first give you the simple explanation as related to your individual identity. You are well aware that within your physical body is the Immortal Victorious Three-fold Flame of God - Blue, Gold, and Pink, which is the permanent Atom of personal individualization.

In the Electronic "I AM" Presence, is a much greater focus of this triple aspect of Deity.

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In the White Fire Being, from whence came your "I AM" Presence, is the primal Three-fold Flame which contains the entire Divine Blueprint of the individual lifestream.

48. WHY IS THE EXPRESSION "FULL POWER OF THE THREE TIMES THREE" USED?

Because it incorporates the balanced energies of the three vehicles mentioned above to express God-Perfection here on Earth or in any sphere where assistance is required. The subjugation of the four lower vehicles allows the three Divine Expressions full power to act. To the undeveloped man whose Three-fold Flame is latent, I would like to say that the Three-fold Flame in the Heart of the "I AM" Presence and the White Fire Being are constantly and consistently joining in the glorious creation of ever-expanding beauty in the Cosmos.

49. WHAT DO THE COLORS OF THIS THREE FOLD FLAME -BLUE GOLD, AND PINK REPRESENT?

BLUE is the God Power Almighty which enables the individual to magnetize God's Life.

GOLD is the Wisdom to use that Life to promulgate GOOD.

PINK is the Divine Love which qualifies the God Life intelligently into expression.

50. HOW CAN THE CHELA BETTER PREPARE HIMSELF SO THAT THIS NINE-FOLD ACTIVITY WILL EXPRESS THROUGH HIM IN PERFECT BALANCE?

To invoke the Regent, SANAT KOMARA, to assist him in expanding the Three-fold Flame within his heart. This opens the door to the inflow of Sanat

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Kurnara's FEELING of the powerful, wise activity of pure Divine Love from the White Fire Being, the individualized "I AM" Presence, and the Three-fold Flame within the heart, which is the natural expression for every one of God's children. Few there are, here on Earth, who know of their own God potentialities.

51. WHY DO YOU SUGGEST BELOVED SANAT KUMARA INSTEAD OF SOME OTHER DIVINE BEING?

Because Sanat Kumara, together with the other Kumaras, brought from Venus, in a crucial time in Earth's history, the Cosmic Three-fold Flame which formed the cohesive power of the Spirit of the Great White Brotherhood. During the month of November, Sanat Kumara, together with the Lord of the World, Beloved Gautama, graciously receive into Their very Presence at Shamballa all who have contributed to the benefaction of the Earth and Her attendant evolutions. These two Divine Beings accelerate the Three-fold Flame within the heart of each visitant who, at the close of this ceremony, returns into the orbit of his own sphere of influence IMBUED with Their feeling of the Three-fold Aspect of Divinity - Father, Son, and Holy Spirit. Everyone so privileged to participate in these ceremonies carries the responsibility and obligation to accept, sustain, and expand that feeling.

52. WHAT IS THE RANK OF THE DIVINE BEINGS WHO REPRESENT THE NINE-FOLD ASPECT OF DEITY?

Crowns, Thrones, and Principalities;
Seraphim, Cherubim, and Angels;
Cosmic Beings, Ascended Masters, and
Holy Christ Selves.

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53. WHAT SERVICE CAN THEY RENDER TO US IN THIS NINE-FOLD ACTIVITY?

When the chela is cognizant of these nine groups of Perfected Beings, he can turn his attention to Them and become a Grail for the DESCENDING POWER of Their concentrated energies in whatsoever sphere Their benefaction is required.

54. THE PRESENT GENERATION IS BECOMING INCREASINGLY AWARE OF WHAT THEY CALL "OUTER SPACE." IS THE PROJECTION OF MISSILES INTO OTHER ORBITS THE ANSWER TO WORLD PEACE?

DEFINITELY NOT! The dedicated men of science in this field of exploration have glimpsed the glory of this Nine-fold Celestial Court but have INVERTED their activities for the most part. When science and religion are again correlated in service, each earnest such an one will cognize the proper perspective between mankind and the universe in which he abides. Drawing into the orbit of the Earth the Power, Wisdom and Divine Love of the Crowns, Thrones, and Principalities r

Seraphim, Cherubim, and Angels; and Cosmic Beings, Ascended Masters, and Holy Christ Selves by the awakened and alert chelas will bring and sustain a LASTING World Peace. These nine groups of Divine Beings are constantly active in the universe, even as the Sun is constant in its outpouring although storm clouds will often prevent mankind from receiving its beneficent rays. The impersonal radiation of these Divine Beings blesses the entire universe and ONE ALERT CHELA can channel that blessing to the entire planet. "I AM" the Victorious heartbeat ALIVE within you and YOU ARE SUCH AN ONE!

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VIII

BELOVED KRISHNA

Speaks on

"In the Beginning was the Word"

"In the beginning was the Word, and the Word was with God and the Word was God. And the Word was made Flesh and dwelt among us (and we beheld His Glory, the Glory as of the only begotten of the Father) full of Grace and Truth."

John 1:1-14

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"I AM" LORD KRISHNA whose service to this planetary scheme is to initiate, sustain, prepare and direct every Divine Being who has evolved to the point where He or She may become, in the world of form, a Living Expression of Deity, When it is ordained by Cosmic Law that the Word be made flesh, it is My particular Joy to enfold the Christ-man coming to give the vitality required to resuscitate a recalcitrant mankind at particular moments of Cosmic crises. Thus it was my great honor, privilege, responsibility, and obligation to prepare the Ascended Master Jesus, the Christ. The people of Earth in this present hour are looking again for a "second coming" which is imminent, and I have already prepared the new Christus who but awaits the propitious moment for His advent.

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55. ARE YOU THEN THE FORMER LORD MAITREYA?

No, "I AM" He who others like unto Him.

56. WHAT DOES SAINT JOHN MEAN BY "THE WORD"?

The Father-Mother God spoke the Words "I AM", creating a focal point of individualization before

this Solar System was created. Every individual, as a child of Deity endowed with the power of speech, is, in like manner, privileged to unite himself with the Father-Mother God and and entire WORLD BODY, through the positive affirmation "I AM" - followed by a constructive statement.

57. DOES THIS STATEMENT HAVE TO BE AUDIBLE?

No, It is the FEELING and the THOUGHT of the unity which this expression promulgates in the hearts of men which makes it efficacious as THE FIRE OF CREATION in any sphere where it is felt, thought, or spoken.

58. BELOVED KRISHA, HOW ABOUT DEAF MUTES?

Deaf mutes, having the full power and intelligence to think and feel, can oftentimes create a more powerful and single-pointed Word in their hearts than those who speak too often - wasting valuable energies upon trivialities.

59. PLEASE TELL US ABOUT THOSE KINGDOMS EVOLVING UPON THE EARTH OR IN ITS ATMOSPHERE WHO CAN NOT SPEAK.

These evolutions have the power of both feeling
-30-

and thinking, which are the propelling powers which intelligently secure for them that which they require for survival, so that they and their progeny can continue to perform the constructive services to mankind.

60, WHAT ABOUT THE DESTRUCTIVE ACTIVITIES OF THE OTHER KINGDOMS, GRACIOUS LORD?

Every expression less than perfection in the Earth, on the Earth, or in its atmosphere has been THREATENED upon these Kingdoms by destructive thoughts, feelings, words and actions of a disobedient mankind.

61. IF THE WORDS "I AM" ARE THE POWER OF CREATION, WHY MUST THEY BE REPEATED SO OFTEN IN ORDER TO HAVE A MANIFESTATION?

Because, through free will, mankind, having been endowed with the power of speech, has used the words "I AM" followed by destructive statements, energized by his feelings and thoughts, which have created the very experiences mentioned above, and must be re-educated to use these creative words ONLY in a constructive manner. This requires the education of the emotional, mental, and etheric vehicles as well as the physical form.

A hollow and shallow statement made by the personality without this understanding and not coupled with positive feeling and direct thought, is not effjoacious. To one with the conscious understanding of the possibilities which are within the use of this creative power in the Word "I AM", I say to you, even as Beloved Jesus did, wise you are to build a momentum of thinking, feeling, and expressing yourselves by using a constructive statement following "I AM".

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62, WHERE ARE THE CHAKRIC AND GANGLIONIC CENTERS THROUGH WHICH SPEECH IS MADE POSSIBLE?

The ganglionic center is in the throat of physical man. Any defects in speech are due to past MISUSE of this power of expression. The chakric center is also at the throat of the etheric vehicle.

63. WHAT ARE THE COLORS OF THESE CENTERS?

Both are scintillating electric blue.

64. ARE THESE CENTERS STATIC?

Definitely not. They are in constant motion clockwise. The speed of their revolution is determined by the free will use which every man determines in himself to use in the power of speech. The vibratory action of the individual's vehicles determines the balanced acceleration of these centers and makes the spoken word a euphonious director of energy. The beautiful and melodious voice of the "I AM" Presence in both speech and song can most easily be resuscitated as the chelas ponders on this instruction and makes of it a blessing to all life. When My Pupil, Jesus spoke, all of the elements responded happily and joyously to His slightest whisper or His greatest COMMAND.

You, too, My Beloved, are the WORD MADE FLESH! Each one is the ONLY BEGOTTEN SON, that phrase implying that your individualization was foreordained by the Father-Mother God as a part of the Great Divine Tapestry of the ages, and the SECOND COMING to you is determined by your response to ME. "I AM" HERE - I shall expect you to likewise be in the Upper Chamber at all times.

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IX

68. WHAT WAS THEIR SERVICE?

THE GODDESS OF LIGHT

Speaks on

Light the capacity to serve you

"I AM" the Guardian, Protector, and Radiating Center of Light for this planet Earth and Her attendant evolutions. I made My Eternal Vow to Helios and Vesta to sustain the Light for the planet Earth and Her evolutions. Wherever the darkness is greatest, there "I AM" waiting the call of the children of Earth to assist them in dissipating all shadows of human appearance.

65. BELOVED ONE, WHAT IS LIGHT?

Light is the primordial substance emitted by the Father-Mother God from whence all constructive manifestations are moulded and sustained.

66. WHAT DID THE FATHER-MOTHER GOD DO WITH ALL THE LIGHT WHICH THEY GENERATED AND SENT FORTH?

They created, through the use of the Words "I AM", coupled with Their concentrated thoughts and feelings, the Divine Blue print for all the planets of the System.

67. WHO FIRST RESPONDEp TO THE CALL OF LIGHT SENT FORTH BY HELIOS AND VESTA?

The Universal Silent Watcher who, in turn, selected those Divine Ladies from Her Court to become the planetary Silent Watchers for each planet in Helios and Vesta's System.

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68. WHAT WAS THEIR SERVICE?

To receive the Divine Blueprints from Beloved Helios and Vesta for each such planet, and to hold inviolate the perfected Design given unto Them.

69. WHO WERE THE DIVINE BEINGS WHO ASSISTED THEM IN BRINGING THESE DIVINE BLUEPRINTS INTO MANIFESTATION?

First came the Seven Mighty Elohim, the Cosmic Architects; the Directors of the Four Elements and Their subjects; the Seraphim, Cherubim, and Angelic Host; and the Builders of Form for each Kingdom - each weaving Their Threads of Light into the Universal Tapestry in a glorious symphony of sound and color - Harmony being the Edict of Solar Creation.

70. WHEN WAS MAN CREATED?

He was created in the Image and Likeness of God by Helios and Vesta, and his Eternal Light Bodies joined the process of Creation while sojourning in the Seven Spheres which formed the aureole of the Earth.

71. WHEN DID MAN COME TO EARTH?

At the Cosmic Moment when the Beings mentioned, had completed Their appointed service. Then the Master Ray from the Heart of Beloved Helios and Vesta set the planet into motion conforming to the Harmony which has been established in the planetary Creation.

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72. WHY ARE THE PLANETARY SILENT WATCHERS FEMININE?

At the time when the planetary Silent Watcher was assigned to the Earth, Her Divine Complement offered to be the magnetizing center for all life in the Earth, on the Earth, and in its atmosphere. Thus, Immanuel focused His energies in the very center of the globe being formed, setting up the initial centripetal force required to magnetize the Spirit Sparks prepared by Helios and Vest-a, who has been awaiting such magnetization in the Seven Spheres. At the moment when Immanuel and Immaculata had formed the Rod of Power - centripetal and centrifugal force - the First Root Manu with His first sub-race took embodiment in beautiful shining forms. Thus did the First Golden Age upon the Planet Earth begin.

73. HOW LONG DID THIS FIRST GOLDEN AGE LAST?

Fourteen thousand years; during which time there was no inharmony or imperfection of any kind enabling the Manu and His Children to perform the God-service for which They crune into embodiment.

74. DOES THIS HOLD TRUE FOR THE NEXT TWO GOLDEN AGES?

Yes, All the individuals concerned in the life experience on the Earth sustained perfect harmony and were always obdient to the directives of their God-Selves and their Guardian Spirits. There was not a shadow upon the Earth until the laggards from other Stars polluted the consciousness of the people of the Earth. "I AM" COME; and I shall remain until every shadow is transmuted into LIGHT!

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X

BELOVED CONSONANCE

Speaks on

Constructive Colors

and their beneficent aspects ..

"I AM" CONSONANCE, the Conductor

of the Planetary Symphony, who, with Beloved Harmony,

have the joyous opportunity of acquainting mankind

again with the conscious re-creation that

comes through constructive music and color. Too

long has the Earth's vibratory action been so

dissonant that it has not contributed to the

Song of the Cosmos. Now, the Song of Re-Creation

shall rise from grateful hearts participating in

this service. All Kingdoms being so resuscitated

shall contribute to this melodious expression.

75. AS WE CONTEMPLATE THE CAUSAL BODY SHOWN
IN THE HOLY TRINITY PICTURE, WHAT DOES THE
COLOR BLUE SIGNIFY?

Illumined Faith and God Protection.

76. THE GOLD?

Wisdom and Understanding.

77.

THE PINK?

Pure Divine Love, Tolerance, and Humanitarianism.

78. THE WHITE?

Purity and Selflessness

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79. THE GREEN?

Concentration and the Power of Consecration to God's Service.

80. THE RUBY?

Ministration and Healing.

81. THE VIOLET?

Mercy and Transmutation

82. DOES THE WEARING OF THE COLOR WHOSE RAY
IS PROMINENT EACH DAY ASSIST THE INDIVIDUAL SO DOING?

Most assuredly! As like attracts like in any
sphere, the color acts as a magnet for the
Being whose radiation is pouring forth during
each twenty-four hour period.

83. KINDLY EXPLAIN, GRACIOUS LADY, ABOUT THE
MANY HUES OF EACH COLOR.

I am happy to do so. This is very important. Color itself is alive and emits a vibratory action which is conducive to the acceleration of the four lower vehicles of man as well as the Angelic and Nature Kingdoms when it is a positive and constructive shade.

84. WHAT ACCOUNTS FOR DRAB AND NEGATIVE COLORS?

It is the co-mingling of the destructive thoughts, feelings, words and actions of all the evolutions which have used the Earth as a schoolroom; and an individual whose own aura is akin

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to that vibration, creates and sustain it.

The soul of man, having had so many experiences through aeons of living, not only on the Earth, but between embodiments, has generated and clothed himself 'round with shadow substance. By reason of a similarity of vibration, he usually surrounds himself and his environment with these many negative shades of color.

85. IF AN INDIVIDUAL IS DISTRESSED OR UNHAPPY OR SUFFERS LIMITATION, IS THIS THE RESULT OF THE WRONG CHOICE OF COLOR?

Partially. The first step toward changing the aura into a more positive, balanced, joyous and harmonious one, is to cognize the colors with which he surrounds himself. A true and impersonal inventory will reveal to the earnest chela the invisible aura which he himself has created. He will then desire to cooperate with the Divine Plan by using more positive colors - with their attendant radiation. Clear, distinct and positive colors, being intelligent and activated by the Divine Beings who direct them Earthward, can serve as conductors of the God qualities required by the individual to purify the aura, illumine the mind, and raise the individual out of inertia and depression into LIGHT.

86. WHEN SCIENCE AND RELIGION COOPERATE, WILL WE SEE THE MANIFEST EXPRESSION OF THE USE OF CONSTRUCTIVE COLOR AND MUSICAL THERAPY?

Most certainly! It is the Divine Edict that in all the seven constructive channels of expression, Science and Religion are to become one. Powerful examples are apparent in Ultraviolet

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Ray, the Green of the Medical Profession, and the fashion designers, in their selection of color, who have in some instances tuned in to the color of the Ray of the Year. In the world of commerce, as well as the medical field, color and musical therapy have already proved their efficacy, although the exploration of this field is only in its infancy.

87. WHY DOES THE PIGMENT OF THE SUBSTANCE OF THE EARTH VARY IN DIFFERENT LOCATIONS?

Because the very body of the Earth, Virgo's vestments, has been despoiled, temporarily thank God, by the various destructive activities in which mankind has been engaged through the ages. Those portions of the landed surface of the Earth which are barren are the result of selfishness and greed. In the glorious process of restoration, these landed surfaces shall again become prolific through the loving cooperation of the Nature Kingdom and its Mighty Directors. The very men who, in ages past, were the cause of these destructive conditions, are now in embodiment through the mercy of the Karmic Board so that they may make restitution for their misdeeds and assist the Nature Kingdom and its directors in the restoring of a beautiful, verdant, harmonious, and God-designed focus in the place of wasteland. Soil conservation is one example.

88. ARE THE SEVEN SPHERES IN WHICH THE MANUS AND THEIR ROOT RACES ABIDE BEFORE BEING SIGNALLED BY IMMACULATA AND IMMANUEL OF THE SAME COLORS AS THOSE OF THE CAUSAL BODY?

Yes, naturally, they are tremendous in proportion to the individual Causal Body. Within

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these Spheres are the Temples not made with human hands, and countless Divine Beings dwell therein. The full scope of this vista is beyond the comprehension of the human mind.

89. IS IT TRUE, BELOVED LADY, THAT MUSIC HAS COLOR?

Assuredly! Every musical composition sends forth a definite color of beneficent radiation when the composer has received into himself a portion of the Song of the Cosmos and has translated it without adulterating it by any personal

accretions, However, every individual who later gives a rendition of the composition enhances or deflects from its original beauty. The sensitivity of the true artist receives into himself the inspiration of the original composer, the purpose for which such a composition has come forth, and amplifies through the purity of his nature, this blessing to life everywhere and adds to the harmony of the Cosmos.

90. DOES EVERY THOUGHT, FEELING, WORD, AND ACTION HAVE COLOR AND SOUND?

Def'ini tely so! In this process of re-creation, it is Our purpose to teach men to discontinue the misuse of thought, feeling, word and action. thus dissolving the thought forms of an imperfect nature at inner levels as well as in the physical appearance world. Each man will then be enabled to consciously use these creative faculties in building the cathedrals of worship for their own souls and help to imbue the masses with the same desire to become harmonious expressions of God's Love.

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XI

THE GLORIOUS GODDESS ISIS

Speaks on

The magnificent cooperation of the Seraphim, Cherubim, and Angelic Host in the Creation of the planet Earth and in Her redemption.

"I AM" Isis, the Sun Goddess, come into the atmosphere of Earth for one purpose, and one purpose alone - to bring the LIGHT OF UNDERSTANDING to the recalcitrant human race and particularly to those who purport to be their teachers.

My subject refers, primarily, to the magnificent service of the Seraphic, Cherubic, and Angelic Hosts who are the Emissaries of the Universal "I AM" Presence and those of Us privileged to be a part of the Fire of Creation.

Chela, bend thy knee before the Seraphim, the Cherubim, the Angelic Host! Without Their kindly and voluntary assistance, you would not even have a planetary abode, nor a Temple not fashioned with hands (the physical body) wherein there blazes the Immortal Victorious Three-fold Flame of God, which again, as the Resurrection Flame begins Its ascendancy, revitalizes the Nature Kingdom, the Animal Kingdom, and is by Law, the FIAT OF THE ASCENDED JESUS CHRIST, due to activate the God potentialities, too long dormant, within you!

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91. BELOVED ISIS, WHAT PART DID THE SERAPHIM, THE CHERUBIM, AND THE ANGELIC HOST PLAY IN THE CREATION OF THE PLANET EARTH?

When the Beloved Helios and Vesta were qualified by Alpha and Omega to become the Sun God and Goddess of this planetary system, forty-nine majestic Seraphim of the most magnificent symmetry of form and glorious beauty (indescribable in terms known to the present inhabitants of Earth) knelt before Alpha and Omega and received from these Beings the Cosmic Announcement that a new Sun God and Goddess (Helios and Vesta) were vested with the power to create a planetary system. Sweeping through the Cosmos as the Solar Highways were opened, They carried this joyous message to Helios and Vesta Themselves.

92. BELOVED ISIS, CAN YOU TELL US WHY THERE WERE FORTY-NINE SERAPHIM REQUIRED IN THIS SERVICE?

Mighty Serculata, the Cosmic Mother of all the Silent Watchers of this System, in whose Heart is held the Divine Blueprint as designed by Alpha and Omega, knew full well that, in unfolding the Pattern of Creation, there should be seven Sun Gods and Goddesses, who from Their flaming orbits should each nourish and sustain seven planets. Thus, although the Suns- Hercules and Amazon, Aureole and Aurea, Dawn and Luz, had not yet prepared themselves for this singular honor of Solar Initiation, Serculata knew that in a Cosmic Moment yet to come They should be ready to join in the glorious process of God Creation, Therefore, She chose the mystic number of Forty-nine Seraphim - denoting completion.

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93. WHAT WAS THE SERVICE OF THESE COSMIC SERAPHIC MESSENGERS AFTER THEY MADE THIS ANNOUNCEMENT TO HELIOS AND VESTA?

When such messages of Cosmic import are announced by the Seraphic Legion, Their Melodic voices accompanied by Their magnificent aureoles, fill the Cosmos and even stir the galaxies whose peripheries touch the hem of the Spiritual Garments of Alpha and Omega, and vital energies are born. The aspiring Sun Gods and Goddesses in this Galaxy are bestowed with a new impetus to

receive a like benediction in Their coming Hour of Initiation.

The buoyant enthusiasm of Their Auras within the orbit of Helios and Vesta magnetizes the Elohim of Creation, the planetary Silent Watchers of this System, and all Divine Beings who become the Builders of Form under the direction of Helios and Vesta.

94. DO THESE SERAPHIC LEGIONS REMAIN IN THE AURA OF HELIOS AND VESTA AFTER THIS SER VICE HAS BEEN RENDERED?

Forty-eight return in the same splendor to Alpha and Omega - and ONE REMAINS.

95. WHAT WAS THE NAME AND SERVICE OF THIS BELOVED ONE WHO REMAINED WITH HELIOS AND VESTA?

Your own Beloved Serapis, later to become the Hierarch of Luxor. His service was, and is to this very day, to invoke the Seraphim of this planetary system into the Presence of Helios and Vesta where They, too, bending the knee, offered to the newborn Sun God and Goddess Their allegiance to the Most High Living God. From that

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instant, the Serapic Host, under the direction of the Mighty Serapis, has served as envoys of Helios and Vesta to the Silent Watchers appointed by Them as each planet of the System was conceived.

96. BELOVED ISIS, AS SOME OF THE CHELAS KNOW, BELOVED SERAPIS BELONGS TO THE PLANETARY SYSTEM ABOVE THE EARTH UNDER THE JURISDICTION OF KRISHNA AND SOPHIA. WHY DID HE VOLUNTEER FOR THIS SER VICE?

Because, like unto the Beloved Sanat Kumara and other Divine Beings in the System immediately above that conceived and sustained by Helios and Vesta, it is the custom and privilege to serve the System below.

97. HOW THEN, BELOVED ISIS, DID THE GLORIOUS SANAT KUMARA AND THE BLESSED SERAPIS SPECIFICALLY SERVE THE EARTH?

After His service on Mercury, Aquaria, and Uranus, where He stimulated the activities of the Seraphic Host of these planets, the time had come when the Earth required superhuman assistance to remain a part of this planetary system.

As a Divine Architect, when His own Lord of the World (Sanat Kurnara) announced to the Kingdom

on His native Star, Venus (of which Serapis is a member) that He, Himself, was to bring the Light, Patience, Balance, and Wisdom of His own Personage to a darkened Star, SERAPIS WAS THE FIRST VOLUNTEER who offered to supervise the creation of the magnificent Shamballa, a replica on Earth of Sanat Kumara's planetary Home. For this purpose one of the greatest sacrifices known in Heaven's Realms took place - the Lord

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of' the Seraphic Host in the Ceremony wherein the locks are shorn, the Light of' Heaven dimmed, temporarily, took upon Himself and Earthly garment, and a Son of Love descended in order that the proximity of' His personal magnetism might accelerate the enthusiasm necessary to sustain the individuals who, through nine hundred years, dedicated themselves to the sole task of' the preparation of Shamballa.

The very instant that the magnificent dome of Sanat Kumara' s Temple and the minarets of' all the lesser Temples at Shamballa were showered with the crystalline essence of the Divine Architect and His Seraphic Legions, into the atmosphere of' Earth CAME SANAT KUMARA AND HIS COURT. Then Beloved Serapis was free to direct the Seraphic Legions in Their Service wherever required - ultimately becoming Hierarch of' Luxor and Guardian of' the Ascension Flame.

98. WHAT IS THE SERVICE OF THE CHERUBIM TO THE EARTH AND HER EVOLUTIONS?

Under the direction of Their great Leader, Mighty Felicita, They enter into the flaming vortex which is the Aura of' Helios and Vesta and carry forth the radiation and blessing of' the God Virtues which are the predominant nature of' the Sun God and Goddess of' the System. They render the same service by entering into the Heart of the Flame in any of' the Ascended Master Retreats, and as They are primarily Beings of FEELING, when They emerge and are directed forth, any one of' the three evolutions using the Earth as a schoolroom are the recipients of Their God-gifts. They are the Holy Grails of' the Gods.

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99. BELOVED ISIS, WHAT IS THE SERVICE OF THE ANGELIC HOST?

Under the mighty direction of' the Beloved Raphael and Holy Mother Mary, the Angelic Host

are the Messengers sent forth by any Divine Being to perform services of inculcating into the consciousness of the evolutions of the planet, Earth, the Illumined Faith of' Prince Michael, the Wisdom of' Lord Jophiel, the Love of' Lord Chamuel, the Purification of Lord Gabriel, the Consecration and Healing of Lord Raphael, the Ministrating Grace of Lord Uriel, and the Mercy, Compassion, and Forgiveness of Lord Zadkiel - to the just and unjust alike.

Angels know no form, are entirely impersonal in Their service, always obedient to Their Directors, and can be most efficaciously invoked by Beauty in its myraid forms - color, fragrance, and harmony.

The powerful protecting Ascended Legions of' Lord Michael, however, are an exception to this rule and fearlessly enter the astral realm to cut imprisoned life free from all types of' effluvia.

100. BELOVED ISIS, HOW CAN WE BEST COOPERATE WITH THE SERAPHIC, CHERUBIC, AND ANGELIC HOSTS IN THE REDEMPTION OF THE PLANET EARTH?

FIRST, by accepting Their reality, understanding Their Ordered Service, and being grateful that such Divine Beings choose to patiently serve in the orbit of the Earth.

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SECOND, to emulate Them in daily living.

THIRD, by so accelerating the vibratory action of' the evolutjions of' Earth that the human veil is rent, and ONCE AGAIN Seraphim, Cherubim, and Angels WALK AND TALK WITH MEN.

Then shall We of Superior Systems REJOICE in a redeemed planet and Her evolutions - ISIS UNVEILED!

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FOREWORD

July, 1953

Well Come! Lord Michael and the Heavenly
Host
Shining Stars of Love and Light among The
August Company dimly perceived by the spiritual
eyes of the Few whose vision turns toward the
slowly rising curtain of maya, are the Members
of the Angelic Host! Arms outstretched! Hearts
Aflame! Spirits pulsating with Celestial Fire! Bidding welcome
to the more stalwart among the children of earth into that
Sweet Association, Companionship,
Cooperative Service and Worship wherein the Angelic Host,
hand in hand with the
souls of men, proceed reverently upon The Path
to the Father's Home, and The Brotherhood of
Angels and Men, presaging the Incoming Golden
Age, stands manifest before the fleshly eyes of
those who must confirm in form the Eternal Verities.
The Divine Word has gone forth! The Edict
of the Eternal for Perfection, manifest through
every electron of pure and precious life endowed
with the opportunity to unfold its God Nature in
this evolutionary scheme, must be fulfilled, and
Those who embody that happy nature which
loves' to OBEY the Will of God are first to respond.

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The Angelic Host! Companions! Guard-ians! Loving,
Vibrant Centers of Radiant and Comforting God Virtue!
are eager beyond words to come closer to their brothers
and sisters of the human evolution whom They have,
in patience, so long served!
The Guardian Spirits of the Race incarnate now in human form,
some among them members of this very Kingdom, and others who,
in the finer bodies of the inner life, know well the reality of the Angels,
are among the first to whom the Angels come! These Guardian Spirits,
embodying the strength, the love and light of such privileged
association, shall-in time-draw back the curtain further still, through
the endeavors of their own hearts' light, that mankind may, en masse,
accept this glorious evolution, swinging through the more
dense vibrations that form the ponderous progression
of the souls of men, and which, by its very proximity, has sustained
the opportunity for life and spiritual immortality upon a star,
whose death garment, woven out of the essence of man's use of free will,
had signified the dosing of her Book of Opportunity in extinction,
to-gether with the hopes of immortality for its evolutionary lives. . . .

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Friendship-human and Divine-is builded on mutual understanding, shared confidence, the sweet joy of blended energies woven into One Dream-One Vision-One Cause. To those who choose to share the companionship of the Angelic Host, the walk with Them, to gently pour the spiritual energies of prayer and evocrtion into a common Cup, the "communion of 'the Saints" is a "fact" and not a "fancy", and it is to these Few that We bring the words within this book, with the Love of our Hearts and the offer of Divine Friendship from Lord Michael, Prince of the Heavenly Host, and His Workers in the Kingdom.

THOMAS PRINTZ

INTRODUCTION

OH, MY BELOVED:-

How grateful I Am that again, after the aeons of time that have contributed so heavily to the veil of separateness, We see the chasm which stretched so relentlessly between Our Realm and that of mankind being bridged through the self conscious endeavors and the very physical energies of incarnate lifestreams-alert enough to PERCEIVE our Reality and loving enough to DESIRE to "make their way over" all obstacles into Our Presence!

Some men, standing on the brink of that abyss ... looking hopelessly across its seemingly impassable void, conclude that after form there is "nothing"! And in their conclusion is some jus-tice, for their eyes are dimmed to the faint out-lines of the Eternal that shine in the distance ... and they sense and feel only the hopelessness of the "dead end," t he finality of the journey, as the sharp cliffs drop abruptly beneath their weary feet ...

These people lie down in discouragement and pass from the screen of life to rest awhile in the merciful forgetfulness of the slumbers called "death". Others, after bitterly cursing the compass of the heart that has led to the brink of nothingness, retrace their steps and find temporary satisfaction in satiating the senses and rebelliously stimulate

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the drive of the soul into the by-paths that seemingly lead to "greener pastures." And the FEW Sweet hope of earth and joy of heaven! calmly appraising the situation, wait until their spiritual eyes are tuned to act for them in this new measure, when they-at last-can see the Further Shore-some distinctly, others as a mere outline of hope and promise-but once assured, these Few will bend the experiences of life, to fashioning a way and means of reaching THAT SWEET SHORE of crossing the abyss-on wings

of faith, on the levitating consciousness, on projected vision, on the soul strength of one who has learned the way thither and the selfless renunciation of the way back. . . .

Whether these FEW climb down the precipitous sides, cast a beam of their own heart's light across the yawning depths, or weave a rope of thoughts or prayers or affirmations and cross there-on, they will attain-but from among the Few ...

again there are not often those who will return on the hazardous way

The blessed lifestreams who

offer so to do are the Bridge Builders upon whom we depend to lay the cables across which all men will one day receive the God Directions of the Free ... and upon which they may, in turn, send the petitions of their souls. . . .

As this book is prepared for these FEW, may My Personal Blessing rest upon the heart and soul of all who read, and make of them such Bridge Builders, until the Angelic Host shall have a

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Bridge of Light builded of the Faith, the Love, the Aspirations of the Sons and Daughters of men, and over this highway they may walk freely into the association with those who choose to take their hands, share their vision, and Worship God in Obedience to the Law of Harmony and Love, the Keynote of the Kingdom of Heaven

ARCHANGEL MICHAEL

EXCERPTS FROM

ADDRESSES OF LORD

MICHAEL, THE ARCHANGEL

The Open Door to the Presence of the Angels

From the Heart of the Realm of Cosmic Fire I bring to you My Love.

Heretofore, I was required to send the Flame of My protecting solicitude and devotion.

The Gates of Consciousness-human and Divine-swing on the hinges of free will. No man, nor Angel nor God can enter the consciousness of another, unless he is bidden freely so to do ...

So, the Celestial Gates that open to My Home, My Heart, My World of Action have long been ajar-and the Magnetic Power of My Love has ever drawn your Higher Self within the compass of My Presence, when loosed for fleeting moments from the heavy bonds of flesh. Thus, in the Great Freedom and Loving Companionship of those sweet hours are you enabled to gather the enthusiasm and love of Heaven which will enable you to bring the Message and Fire of Heaven earthward to the sons of men.

But now-at last-you have opened the Doors of your outer consciousness, your hearts, your homes, your worlds, and I Am bidden enter! Can you see what that shall mean for all the sons of men?

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The World of the Angels

The world of the Angels is a world of Love a golden sea of pulsing, breathing, radiant Flame, with the Cherubim and Seraphim disporting Themselves in the living Heart and Bosom of The Father. The only pathway to the actual experi-encing of Their personal presence is Love-but this Love must be clothed in great inner peace and tranquillity, as if your innermost being was a sea of blue water and your consciousness a lotus flower opening to the Sun of God, resting on the blue sea and pouring forth the radiance of Its Being. Dwelling thus in an inner tranquillity and poise, you may step on soft, reverent feet at any moment into the presence of the Angels, but the least emotional unrest or nervous tension closes the door temporarily to Their presence.

The Gift of Love

Is it possible in the fullness of God's Love to intensify the feeling of that love for any one part of Life? It would seem that such pressure directed toward any individualized intelligence would be, again, the separation of life into form! Yet, by the very nature of the magnetic power of The Immortal Flame which is the Identity of the Being-human or divine without direction-that Love naturally flows toward the other part of Itself. As water seeks its own level, and as like attracts like, here and hereafter, so does the on-rushing substance of Love Divine find its complete ness in the heart of the Beloved-unbidden by the conscious mind!

Ah-in the pouring forth of Love Divine-there can truly be no selfishness, for all the world is enriched by the radiation that bathes the Loved One in that Uplifting Presence, and the Beloved becomes a Fountain for the very Life of the Angelic Host, that-in receiving-such an one becomes, too, a transmitter of Love through the aura to all of Life!

So, now, as you receive My Love, know it is not only the Gift of My very Self to your sweet hearts, but also a Gift, through your sweet hearts, to mankind everywhere.

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The Casual Body

I Am so eager for you to unfold the natural talents and capacities of your lifestreams. Once you look upon the living colors that make up your Causal Body and see the tremendous stored up energies that await release through your life-stream, you will be so tremendously encouraged. Those glorious momentums are yours to use at any moment when you are able to AcCEPT their REALITY as part of your Divine Heritage.

The Healing Melodies that were released through the dispensation of the Karmic Counsel are so beautiful. I Am sure we shall see some

marvelous manifestations of God Light "riding into the physical world" on the currents of sound.

The Contagious Power of Faith

I shall, through the Love of My Own Heart for your Great Spirits make you FEEL the Love of the Angelic Host not only for you, but through you, to all life everywhere.

When the veil of maya first began to unfold from the consciousness of the mankind of earth, it was like a wisp of smoke-soon dissipated by the strong currents of Faith and Hope-and only to those of Us Who know the power of "conta-gion" did it presage a future menace to the souls of men evolving upon the earth. It has been no easy thing to witness that ever increasing "fog" that finally shut away the visible Presence of the Heavenly Host and the Music of the Spheres, leaving the outer consciousness of mankind groping in the darkness of confusions which result from the thoughts and feelings of the mass of mankind. It was when this first contamination of the innocents began, that I offered to become the Protector of the soul light in the hearts of men-the Defender of the Faith that keeps the spirit moving onward despite the appearances that seem to prevail . . . Century after century have I woven the energies of My Life into fanning the fires of Hope in the breasts of the evolving race, cutting away the weaknesses of the outer self, and BELIEVING

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with all the energy and momentum of My Being, in the goodness inherent in every man.

In the full Freedom which I enjoy, I am enabled to watch the soul Light within the heart of this entire evolution, as well as the Angelic, Devic, and Elemental Kingdoms, and wherever the Light dims, the shadows encroach upon the happiness of the heart-there I AM, INSTANTLY! Without vision, the people perish, but I say also-- without Faith-they cannot survive to the Eternal Day when the Cosmic Angel of the New Dawn draws back the remaining curtain of maya and all men see the Kingdom as it exists now-as it al-ways was-and as it ever shall be only increasing in Perfection with every pulsebeat.

Faith in God

I would like through some dear friends to convey the FAITH IN THE POWER OF God which is mine to give. A man who accepts this could walk on the water ... could stand in the fire unharmed . . . could sumon the dead to rise . . . the blind to see ... the lame to walk ... because all these appearances are resultant from Faith conveyed through feeling into a distorted image and given life by some lifestream . . . Thus can the life be withdrawn from such an image by One who has FAITH that God has greater power than the ig-norant outer mind which created the shadow· form in the beginning. Let us arise and experiment with this FAITH ... and let Me show you what My Feeling

in your Faith can do.

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Magnetic Power of Faith

Do you know what is the Activity of Defending The Faith of an entire evolution-Angelic, human and elemental? That is My Service to Life in this Universe, and if that one Quality were removed from the consciousness of any intelli-gence, the cohesive power that holds it in form would immediately be neutralized and the indi-vidual indentity itself cease to be! There is a Magnetic Power of the Heart of God ITSELF within the Quality of Faith that draws to the lifestream that substance, activity, mani-festation and form into which such an one invests the Faith of his own Life Essence. Man has had Faith in human beings, in systems of caste, in religous orders, in political machinations, in mystic talismen ... and-according to the nature of THAT in which the Faith of man was voluntarily vested-did the lifestream reap a harvest of smiles or tears

Millions of unhappy men and women have Faith in the communistic doctrines promulgated by depraved human beings and, through free will, no man may deny another the power to invest his Faith according to his particular choice and design. BuT life ... itself ... through the long and relentless course of years and centuries ...

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eventually teaches the consciousness of the Power of FAITH, the Discrimination necessary to determining wherein that FAITH shall be invested ... and the HoPE that FAITH IN Goo ALONE will bring the nature and feeling and manifestations of God into the individual world of the one so choosing to BELIEVE in THAT SUPREME POWER ... working through individuals, true ... but THAT PowerI SUPREME! MASTER! ALLI

As this pulsation of Faith is an integral part of the life of every man, every woman, every child, it became My Service to GUARD that FEELING, even though invested wrongly, that the capacity to feel Faith might never die. This has been a large order, for man has experimented so with the feeling of Faith . . . in his long search for happiness . . .

and so often reaping a harvest of disappointment, bitterness and tears, has sworn to "never believe or trust again" ... And here ... from the Octave of Light Eternal, I have ALWAYS ENTERED THE SCENE! Better to have loved and trusted and found the object of affection lacking, than not to have nurtured the capacity to trust at all ... for the momentum grows, even in disillusionment, and one who is capable of "believing" when the strong shoots of his Faith are finally tied into God's Own Blazing Heart makes a track of Flame over which the ANSWERS TO EVERY CALL may ride triumphant into the heart of the FAITHFUL ONE.

Faith is one of the most contagious of the Qualities of the Godhead.

The Angels' Feeling of Faith

I stand within The Flame of Immortality which is ALIVE within your physical heartbeat! I KNOW the power within that Flame! There is no other power that could act, except for your endowment.

Centuries of acceptance of "other" powers that limit, distress, annoy and bind, have builded momentums of fear and uncertainty into the consciousness and feeling world of the race. Man lives under the constant threat of the shadows of his own imagining-energized by his own feelings and magnetized by his own life back into his world of experience, a boomerang over which the thrower no longer has conscious control or intelligent direction!

The acceptance of My Faith in the ALL Power OF Gon is the open door to peace of mind, purity of soul, and perfection of body and physical affairs. Man cannot accept this Faith by effort of human will, for this but intensifies the tensions that rise from effort to please and to become . . .

Man can accept My Faith as he accepts the warmth of the physical sun, the refreshing breezes that re-store vitality after the oppression of the heat of the day ... I am as capable of transferring My Feeling of Faith in the All Power of God, as the

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least of the sons of men are in conveying the feeling of annoyance or discontent. However, man is accustomed from centuries of sympathetic vibrations, to tune into the feelings of discord with which he is surrounded, and he must be trained to tune in consciously to the vibrations which He desires to manifest as a Teacher of men! To live with the Angels, first one must endeavor to accept Their Feelings, and then to incorporate those feel-ings into the vibrations of each hour's living, and then the sensitivity of the lesser to the Greater makes interchange of discourse, of promptings, of nature, the natural activity of the daily life!

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The Endowing Power of Your Faith

The conviction of the outer self as to the power of God to act INSTANTLY is what I desire, above all other gifts, to convey to mankind through some one who desires, as much as I, to conduct that Truth into the feelings of the people. The Beloved Jesus embodied that conviction in his entire ministry and approached every evil appear-ance with the conscious knowledge and confidence that there was no power that could act in the Presence of God Had he once acknowledged any other power, His Mastery would not have manifested ... even over the appearance of death!

This realm of "psychic horror" is merely the creation of mankind's own distortions of thought and feeling. It is man made, not God made, and thus-thank the Lord of Mercy and Life-it is not eternal! Its very

name implies its source "the psyche or the mind" ...

Out of the realm of imagination, the individual wove the substance and form of every shadow that lives within the circle of his aura, upon the energy of the God-self. These are vam-pire creations, fed by the conscious or unconscious endowment of the soul. ...

'While the ten billion lifestreams that belong to earth's evolution are allowed to pursue their

BELOVED ARCHANGEL MICHAEL

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individual and collective weaving of the veil of maya, we shall have a "psychic realm," no matter how constantly we dissolve the creations of each day, each month, each year ..•.

Whether wearing a garment of flesh, or functioning in the lighter garments provided for the sojourn between earth lives, the individual is endowing life with form and substance and power! Now, We are endeavoring to surround certain, chosen individuals with the Canopy of Our Full Gathered Cosmic Momentum of Understanding, Light, Purity and Faith, so that each such one may "find himself" without the pressures of the mass accumulations flowing through the Cathedral of His Soul's Aspiration! . . . hoping that the Feeling of the Power of the God Flame through the heart may be conveyed by the Free Sons and Daughters of The Brotherhood powerfully enough to become the predominant feeling of the aspirant.

Faith is the most contagious of all God Qualities

- . . .and fear the most contagious of all human qualities.

If you will be so kind as to call for My Presence, and the Presence of the Angels of Faith, to enfold every lifestream who endeavors now to come out from the shadows of individual mis-creations, we shall prove that those who "Trust in the Power of the Lord God" shall see manifest through their every experience the Supremacy of That Power. Man, eager and desirous of finding

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individual security, safety, and peace, will come again to rest on the Bosom of That Presence Whom We love so well and Whom "we live to serve-and to represent to life everywhere!

Instantaneous Response of the Sacred Fire

When one loves from the Flame within the Heart, that love endures through all the countless aeons of time, for that Flame is the only consecutive, eternal consciousness of any lifestream-here or hereafter! The longer We have loved, the stronger is that Flame, and the greater the momentum of its magnetizing currents that draw the consciousness and senses of the Beloved up-ward, away from the pressures that connect the outer self with the world of form!

Oh-when mankind learns what a joyous experience it is to Lovs for the very happiness of loving, with no thought of return, then will, the evolution of the race proceed with great speed

The evolution of an Angelic Order is so rapid, the progress of the Divine Spark moving like lightning through the receptive consciousness of the Blessed Holy Ones, that it requires tremendous patience working with the slow moving mass consciousness of human kind. I like INSTANTANEOUS ACTION. Of course, I know nothing less in My feelings, but I have the advantage of seeing the Light go into action the instant the thought is coupled with feeling, and even if the outer substance moves slowly, it does not have that tendency

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to depress that comes when one, working inside a flesh body, must depend on Faith rather than vision to see the Light LEAP FORWARD in answer to the call.

The Protecting Presence of the Angels

At certain points on the earth's surface there are concentrated tremendous spiritual currents. These spiritual currents are guarded by groups of the Cherubim and Seraphim. Through Cosmic Plan, these spiritual centers have been created and maintained to hold the balance of pure life forces requisite to sustain the solar system. At other points humanity has evolved great souls who have taken physical incarnation and, through self-conscious invocation, have drawn and established spiritual currents in the environment in which

they have lived and loved and prayed. · From these spiritual centers, Light is constantly

radiating in a manner similar to the physical sun and it is the privilege of the Cherubim and Seraphim to enfold these spiritual centers in Their radiant ring of protection to prevent them from being dissipated by the emanation of the earth people.

The more attention that can be given to the Cherubim and Seraphim and Their service in sustaining the God Currents, the greater will be the reserve of spiritual forces concentrated and emanating therefrom.

When the currents become intense enough, the human veil is dissolved and anyone entering

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within these spiritual foci may see quickly into the Octaves from whence Perfection comes. This has been done at Lourdes and is often done in the Retreats when students are admitted into the Holy Ground which has not been defiled by human thoughts and feelings.

Master Power of Love

I always stand in such reverence and honor before the Magnetic

Power of Pure Divine Love which is its own protection against intrusion of anything unlike itself, and is also its own assurance of 'the Presence, in exactly the perfect location, of every person, place, condition and thing within the world and affairs of the one who has become That Love INCARNATE.

By Love the Power of God externalized The Universe! By Love each Sun and every planet was projected forth, just "so far" and no further. By Love each system of worlds is held within its own orbit while the entire universe itself rushes forward through space . . . and not one small satellite is dropped from Its perfect place in that lightning-like sweep of the star-studded Mantle of God as all move toward a Destiny and Goal known only by The Father Himself, and intuitively felt by His Children who live but to serve in His name

In My particular and individual service to Life, I have enjoyed the protection and power of Love and have come to such a great understanding of what that little understood quality really means. It is MASTERY in every sense of the word. To enter the astral realm, at the call of life . . . I answer
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the magnetic pull of Love (whether it is embodied in a prayer for the dead, by priest or people, or whether it is a call from the discarnate lifestream itself which pierces through the astral matter and is picked up by one of the Angels Who serve in this unhappy realm). When the call to My Life comes, it is love of Life or Comfort or Peace that prompts the call. I answer because I Love to fulfill My reason for being. I answer by the Power of Love, because it was Love of God that gave Me intelligence free will and an opportunity to grow in Light.

Through the light of My Heart and your Heart, We do create for you through this appearance world Now a PATHWAY OF Lovs, PEACE, COMFORT, OPULENCE, ILLUMINATION and WELL BEING, physical, mental, emotional and spiritual! Will you FEEL the Light of your Heart creating this Path before you leave your room each morning, and walk in Way of the Angels-through the day-and in the same security as though you passed through one of the Rays which have been made a permanent pathway through the substance of the earth by the Masters?

Pathway to God

BELOVED CHILDREN OF Goo:

Do you know how I love you? Can you FEEL the Power of My Devotion to your life, knowing as I do, from this Octave, the limitations in which you are endeavoring to unfold Our God Plan? Yet, in Mercy, I must hold back the FULLNESS of that Love in order that your Own Light may expand and become your Pathway back HoME.

No man, nor Angel, nor God can make the Path on which the emancipated spirit rises except that One, because the Path issues out of the Heart

Flame of the individual. I Am fortunate, how-ever, in that the Cosmic Law has allowed Me to dwell within your Heart Flame, and so with every individual endeavor which you make to send forth the Pathway to your Freedom, I, too, send forth a Lifewave from My Heart and widen that Path-way by My Love. If man could know that every step he takes through the journey of experience in the human octave and beyond the veil is created and prepared by himself, through the projection of his own energies out of the primal substance of his own Light, he would not build so many "cobble-stoned roads" but rather the soft green paths

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where his feet would find Comfort and Ease and Peace as he pursues his individual way.

I have come to make your Pathway easy, and as you are endeavoring to BE a Comforting Presence to Life, the Essence of your own life which pours out from your sweet hearts will create for you a beautiful Pathway of Light, and My Love will help you to melt every stone and obstacle long before you come upon them. Remember that My Life Flame flowing through your hearts can only flow when you make the initial impulse, lest I do for you what you yourself must do, to become a server in His Kingdom. When I reach the side of a soul in distress, the Love of my Heart is a living stream of elec-tronic energy which is My "shield and buckler" -My Ring-pass-not-so that I move in the world of shadow but am not of it. The Love from My heart holds the soul imprisoned silent and in his own orbit, until I can weave from the substance and energy of My Life the action of the Flame that sets him free. The electronic light (responding to My thought· form and the command of My feelings) becomes the action of the Flame-sword or spear or whatever the requirement may be .. '. and the response of the electronic light to My command is the Lovs in the universal light substance to obey! The shadows of lusts and passions that are the chains binding the soul and making it to writhe in agony,

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close in the Light of God, and at My command ...

that imprisoned life LOVES to respond and throw off the mantle of suffering and become again the energy of perfectly expressed harmony . . . for the soul loves to be free.

You will see as you move forward LOVING your opportunity and your service how the hearts of men will Lovz to respond to your endeavors to BE a Representative of the Angelic Host at this time.'

The Song of the Heart

WELL Do I HEAR THE Vo1cE OF Youn HEARTS! Do you know_ that the Voice of the Flame within the Heart is clearly distinguishable to One who Loves you, even through all the Music of the Spheres which

accompanies the joyous expansion of God's Creation. The Song of the Heart carries within It the melody of the Keynote, and what-ever the message might be that is conveyed in the Voice of the Flame, even before We are aware of the content of the message, We are aware of the fact that Our Beloved is calling to Us and the Flame within Our hearts rushes to answer that call!

You have often heard the expression that "the heart sings" and this is literally true. In the par-ticular service to LiFe which comes under My Direction, the Angelic Host is in closer contact with the mankind of earth than is usually the case, and those Angels who serve with Me are trained early in their evolution to listen to the messages of the heart, as They sweep through the lower atmosphere of earth, as well as through the astral realm. Then, they are enabled to answer the heart call with the assistance requested. My Angels are "heart attuned." . . .

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When the inner consciousness is functioning through the physical body, the Voice of the Flame within the Heart becomes clear and distinct-especially through a chela who is conscious of Our Realm and knows how to send up the call to Us. When the body is sleeping, the heart flame just "hums" the keynote of the lifestream but no particular message goes forth. However, passing through the atmosphere, We are often attracted by the gentle music of sleeping human beings, rec-ognizing the keynote that flows out from the body in this song, even as the soft colors of the feeling body make the aura around the relaxed form, and We often stoop to kiss the brow of such a sleeping one, who is not aware of Our Presence. Now, as the attention of the students is being placed on the Power of the Sacred Fire anchored within the heart, We expect to hear that Voice of the Flame with Great Power, and We shall answer it with exceeding joy!

The One Pointed Nature of Angelic

Consciousness

Every Angelic Being belonging to the Court of Heaven and serving God through radiation embodies some Specific Radiation, Quality, Virtue or Positive Feeling which is One of the manifold expressions of the Nature of Divinity! Century after century-age after age-aeon after aeon-each such Being has drawn the stream of primal life essence which forms the core of the Individual Flame and qualified that essence with the pre-dominant feeling of His Own Natural Virtue!

Mankind, unlike the Angelic Host, were originally designed to manifest a "twelve fold" 'nature, similar to that of the God Father and Mother of the system to which They belong. Thus you will see that the power of a particular Quality is much more concentrated through the Nature and Being of an Angel than even through the most advanced and matured nature of a member of the human kingdom, where

the qualified energy fills twelve Virtues, instead of one!

The nature of the Archangels, the Seraphim, the Cherubim, and the Angels is ONE POINTED in the extreme ... and They represent concentrations of Particular God Qualities which-like Suns

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-fecundate the germs of like Qualities through the souls of mankind wherever The Divine Ones minister.

I Am privileged to represent the Cosmic Quality of FAITH in the All Power of the God that flows through and animates every physical heart,

that feeds the soul of every lifestream, incarnate or dis-carnate,

that belongs to this evolution. It is My privilege and opportunity

to convey My Faith through the feelings to those who open themselves to My Presence and My Power. People have Faith ... but it is not anchored in God ... it is anchored in the shadows of their own creation.

It is for Me to radiate Faith in God as the only power that can act.

It is My hope that some among the human race at present will so invite

My Presence that I may FIRE the consciousness with My Conviction

and enable them to bear witness to that All Power, stimulate interest

in His Kingdom, and bring that Kingdom through the outer consciousness into manifestation for this planet in these years of planetary change.

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The Home of the Heart

I come, this morning, into the atmosphere of earth, from the Heart

of Our Celestial HOME in the Realm of God's Own Purest Heart,

to abide within My Home in Your Pure Hearts. Is it not beautiful,

that in whatever Sphere we choose to abide, a Heart of Love awaits

us to be the Chalice of Our Presence. How truly expressive is that

expression of men-"Home is where the Heart Is!" My Home is where

Your Heart is! And I know you shall come to know Your Home

is Where MyHEART Is

My Heart is with the children of men, all over this small earth-it is

with the dear souls in the realms that await incarnation it is with

the Sons of Heaven in every sphere-Truly, in Love-the UNIVERSE

is the Home of One who Loves!

I have swept through the lower atmosphere where many earth-bound

lifestreams have been struggling to free themselves from appetites

and passions that have bound them, preventing their enjoyment

of the higher Heavens, and in the soul anguish of such a spirit, felt

an invitation to make My home within that straining heart! I have

walked the dusty roads of earth, and found an invitation to make

My home in the breast of

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many a humble and despairing pilgrim on life's way. After abiding just

a little while with them, they were able to find the anchorage of their own I AM Presence and go forward to greater accomplishment.

Ah, the Children of Heaven who walk the pathway of earth as Messengers of Shamballa are ever responding to the call of the heart light within all life-" Abide with me-" and always, We must answer! This morning I COME to Abide In you forever, and you must abide now in the life of all that call to you that Your Presence may give them life more abundantly.

Preparation of the Aura for Visitation

When it has been said that the Master, the Christ Self, or The Presence has been forced to temporarily "withdraw" from a discordant individual, I do not believe the full import of that has been impressed upon the outer consciousness. Any Being or Focus of God Intelligence who has become ONE with the Will of God has consciously dedicated ALL His Life Energies to fulfilling the God Plan. He has, therefore, voluntarily relinquished the right, so called, to animate or motivate discord for any reason whatsoever .. : ..

In the case of Those Who have signified to the Cosmic Tribunal that They are willing to tie Their energies into the hearts of unascended beings, it is, of course, impossible to ever again disconnect the lifestream completely, but the Master cannot remain within the aura of the Beloved unless complete harmony reigns. He, rather, directs His energy to The Beloved. Your aura is determined by the length of the rays precipitated from your thought and feeling centers. Your sphere of influence is expanded by your self conscious activities in the Light. You can well see the responsibility of your great Hearts, for many people live within the personal

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atmosphere of your mental and feeling worlds. When I am enabled to enter right into your bodies, and animate those auras from within, it becomes the Cosmic Wings of Light that has a planetary control of energy through Love Divine.

The Seven Archangels

Michael

Raphael Uriel Jophiel

Gabriel Chamuel Zadkiel

It is not the plan of the Archangels to abide within flesh forms, nor to bind Their Shining Spirits in the forgetful robes of flesh, in vehicles designed, created and sustained as suitable housing for another type of evolutionary spirit, whose Fire and Light are tempered to these garments.

When the Central Sun of a System takes the Cosmic Initiation and is vested with the power to create a Minor Galaxy (seven suns with their planets and satellites) three Evolutionary Intelligences are given an opportunity to develop and mature the Angelic, the human, and the elemental.

The infinite details of drawing forth and peopling the various suns

and planets is the work of a lifetime of recording, and could not be contained in the pages of a letter, but the over-all picture, perhaps, will help you. . . .

Those Intelligences within the Central Sun who form the Children of the Central Sun are known as the Archangels. They are already in

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complete possession of the God Power of The Father-Mother of the Galaxy and They live to radiate the Light that fills the system and forms the effulgent atmosphere of God's Heart. When each lesser Sun is sent forth in the rhythmic out-breathing of the Central Sun (each rhythm taking countless centuries of time) Seven of the Archangels with Their Twin Flames go forth to be-come the Guardian Presence of all the Angelic Beings, mankind, and the elementals who will form the evolution of that sun and its planets. I (Michael) came forth with our present sun, together with the other six Archangels who form the Guard, not only of the earth, but the physical sun, the planets of this system, their satellites, and the Seven Inner Spheres which form the Heavens for this particular chain.

Coming from the Central Sun, it is within Our natural heritage to rise into the chains above Us, as occasion demands, and the Cosmic Highways into the Heart of Our System are open to Us at all times, whereas the lifestreams evolving toward perfection on the earth chain alone are bound by the periphery of the chain to which they belong. With Us from the Central Sun came Our Own Guard of Honor, and countless legions of Angelic Beings whose Purpose in Being is to fulfill Our Will, which is one with the Will of the Father. Then, added to this countless legion, are the An-gelic Beings who have "evolved" and are "evolving" from within the chain itself and who join

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Our ranks from time to time, as the Liberated Members of the human race join the Great White Brotherhood. As Sanat Kumara is to The Great White Brotherhood, so am I to the Angelic Brotherhood (forgive the personal reference). The reason I speak of it is because the Activity of the Archangels is diversified in the extreme, covering the fields of healing, illumination, and protection, but the joining of the Angelic Kingdom to the Emancipated Brotherhood of Mankind is My particular service to Life.

As Saint Germain, through the Seventh Ray, will draw the Angelic Host and the mankind of earth into conscious cooperative action through the beautiful rituals of the Ceremonial Ray, you will see how We all work with This Plan, you from among the human race ... I from 'the Angelic Kingdom . . . and the Beloved Saint Ger-main from the Ascended Master Kingdom- The Trinity again ... in action ... to fulfill God's Plan.

Besides the Angelic Host drawn forth by Helios and Vesta, who are evolving within the Inner Spheres, there are countless legions of Angels evolved

through the Free Spirits of Those who are engaged in Cosmic Unfoldment . . . as Saint Germain's Angels of the Violet Flame, created and sustained by His Own Love and Light, and there are many God Created Angelic Beings of My Own household, drawn forth and sustained by My Love.

The Angel of Deliverance

I have been called "The Angel of Deliverance" because the Quality of My lifestream is an ACTIVITY that causes immediate freedom to manifest when It is accepted by the outer consciousness of mankind.

Through the centuries, I have been pictured sweeping through the distorted atmospheres in which imprisoned souls desired deliverance, and-through the Power of My Flaming Sword-I have released them from bondages of hell and purgatory into places of Light and Peace! This Activity is true and My service for twenty hours out of the twenty-four is engaged in serving in this astral realm, which includes the lower atmosphere of earth in which mankind incarnate function, as well as the invisible realm where the discarnates abide.

But, My service now is to train those life-streams who have professed an interest in assisting to prepare the earth for its Initiation at the close of this twenty-year cycle, so that they may stop contributing to the chains and bonds that fetter the soul and blind the senses and smother the God Powers of the lifestream which must be called forth NOW to give assurance and confidence to the mankind of earth.

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I can render this service through RADIATION where I Am invited to do so! The radiation of the Ascended Masters, Ourselves, or your individual Presence is as REAL as the Light and warmth of the physical sun, but man must "go to meet it" to enjoy Its Gifts and Powers. Man is so attuned to picking up the radiation and vibrations of discord, that it requires a definite application on the part of the individual to tune out of the vibratory action of the "world thought" and make himself receptive to the finer vibrations which We offer so freely, but to the one who will experiment with stilling of the self, and with the inviting of Our Presence, We will COME! Into the deepest recesses of your secret and sacred hearts, I speak the Words of Truth!

In the beginning, We had One Consciousness which embodied the Truth of Life and the Love of God and the Power of Individual Creative Endeavor by which every idea and thought received was capable of externalization on the instant!

When you chose the path of incarnation, that Consciousness came with you, and in those early centuries we were no more separated than when we all dwelt in the Bosom of the Father of Light. Through the centuries, the veil of human thought and feeling entered your consciousness and finally the time came when the outer self was no longer cognizant

of Our Oneness and Unity in Purpose, Design, Heart and very Being.

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Can you then imagine My Joy as your present consciousness ACCEPTS ME- when again I AM allowed to bring the Consciousness which Is Yours, not Mine alone, to you. Gradually this will super-sede the consciousness you have accepted of a human heritage and birthright and you will assume the glorious freedom of the Angelic Host and the confidence and power in your own momentum which will flash forth like FIRE and accomplish that whereunto it is sent.

How often you stand with Me in the Heart of the Inner Realms, and WATCH the FLAMING POWER OF DIRECTED Goo ENERGY as it flashes forth from My Heart, swirls around a lifestream caught in the shadows, burns away the tentacles of human creation, and frees the soul. Then, to one of the Angelic Host is given the joyous opportunity of taking the soul into Its Arms of Light and rising with It into a Sphere where happiness and freedom provide the spiritual climate necessary for the evolution of the soul.

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EXCERPTS OF ADDRESSES

OF OUR LORD

MAHA CHOHAN

I want to speak, too, on the Kingdom which is so dear to My Heart ... that of the Angelic Host ... They who, like the Elemental Kingdom are voluntary exiles from the Heart and the Bosom of God.

They live but to love, and They know no unkindness. It is inconceivable for the consciousness of beings belonging to this evolution to accept the thought of gain at the expense of another.

When the Angelic Host was called forth after the Elemental Kingdom, Their service was to create a canopy of consciousness, which was the emanation and radiation of Their own Life and Light, over the lifestreams of the human race who were to embody upon the planet.

The Elemental Kingdom first created the planet in habitable form.

Then came the Angelic Host, before any human being set foot upon it, and the nature of the Angel's evolution is very beautiful. Angels, like men, grow and mature and wax strong. When They are small, They just absorb God's Life and Light, in the same manner that your body absorbs the sunshine when you lie exposed to its rays, and that feeling of warmth and

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well-being fills Them and then They may join a group Who are working with a Master-and the Master seeing the Quality They have absorbed sends such a group forth to a place where Their particular quality of Confidence, or whatever Quality is lacking in the lower atmosphere of earth is needed. These little Beings fly in some-thing like your goose

formation, with a Being of directive capacity at Their head, and Their efficacy in the service depends on how long They can hold that Quality within Them until the blessing is released and the location is bathed in that essence.

They are often taken to places to witness the service of Their elder brothers and sisters. Now let us take a service in a great Cathedral-not to go into a lengthy dissertation-a congregation made up of individuals in a great city. Through timing, the Master in charge-particularly Jesus at devotional services-knows when that group will be gathered together, and at the elevation of the Cup at every Service a group of these Angels is sent right into the Church. They stand in "V" formation with either a great Seraphim or Cherubim of mature proportion right over the altar, and then at the given moment when the Priest utters the sanctified words, from Their bodies They release freely, and in very great power, that Spiritual Anointing from Above. Now in the smaller churches throughout the city and country less experienced Angelic Beings gather and the

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release is sometimes too rapid, because every angel has to work with the whole to make the tremendous power of ceremony as efficacious as Saint Germain in the future intends to manifest.

If I were to ask a group of chelas to breathe in and retain that breath, and breathe out at a given moment, each one's own development would determine if he could await the cosmic moment.

So the smaller Angels experiment in places where less numbers are gathered, but where there are great groups gathered together we send groups of the Angelic Host every thirty minutes to re-lease the substance which flows down through the people. Above the Angelic Host are Mighty Devas who guard Our Temples and Churches and World Movements.

They receive the life force much like the Beings in the Temples, and They hold that within Their bodies sometimes' for five or six thousand-years, and when you step into a great Church, you are just bathed in that sanctity and that holiness, and you take it away with you; but were such a Deva to release that force, your old Cathedrals, like Rheims, would not have the particular radiation they do now. Some of these foci go back as far as Atlantis.

Certain members of the Angelic Host have to learn that in the drawing of the substance is such joy and happiness, to regulate it carefully in its release, to weigh Their blessings and not to let them go forth uncontrolled, is to grow in Grace, in Power, in Light, and Mastery.

The Realm of Bey

Fair as the Morning Star that shines through the uncertain light between the dark and the daylight, is the glorious Realm of Bey. It is a great Cosmic Activity similar to the Love Star and occupies a place in the

Solar System as a focus of the Power of the Cherubim and Seraphim. In the Realm of Bey countless numbers of the Seraphic and Cherubic Host dwell and in the Heart Center of this Realm is a castle such as no fairy Prince ever conceived, and there dwells the Lord of Bey, Serapis, and His Mighty Brothers.

From this Realm there pulsates constantly a radiating power and pressure of Peace. The wings of your attention and the love of your spirit may take you there until you drink deeply of the Waters of Peace and find your outer garment an Open Door through which gifts from the Realm of Bey may flow to all.

The Seraphim

The Realm of the Seraphim is a Realm of Power and the Beings known as the Seraphic Guard are beings of tremendous physical stature and the most concentrated strength that the planet earth has yet known. Their faces and bodies are exquisitely beautiful, and there is a line in the chin that denotes tremendous strength and determination.

When the Seraphim are chosen to guard any particular Activity or individual They are like concentrated lightning. The angels who guard the entrance to the Garden of Eden are such Beings.

The Seraphic Host work closely with Hercules and they have always overshadowed the great men of power who have worked for good through the centuries.

The Seraphim and Cherubim are created from the Heart of the Solar Logos Himself. In His thoughts of Cosmic Life and Love They spring forth from the Flaming Heart of God as individual self-conscious life, and They are numberless.

You may visualize a Flaming Heart in the Bosom of the Great Central Sun and see coming forth from that Glorious Bosom the individual
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Presence of a Seraphim and Cherubim. When the call of a self-conscious Flame of God goes forth, sometimes the Seraphim and Cherubim are newly created to fulfill that call and sometimes the already individualized Beings answer the fiat.

The Seraphim are great Beings from six to fourteen feet in height. They are the Guardians of spiritual forces and are always active with the Elohim in the building of planets and spiritual centers on various globes. They are more often masculine than feminine and They are impersonal in Their concentrated powers of protection. They move in groups of seven, which is always the number denoting creation and of each seven Seraphim one is the Leader who moves in the foreground with the three pairs spread out in the shape of a "V" behind Him. When the Seraphim move through the heavens or the earth sphere, They emit a white Light and many a falling star and shooting comet that has been

recorded by science is but the speedy progression of a group of Seraphim through the upper air.

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EXCERPTS OF ADDRESSES
FROM THE ASCENDED
MASTER SAINT GERMAIN

The Angelic Host and the Seventh Ray

As the Ceremonial Ray begins to increase Its Pressure through the lifestreams of those who have been privileged to "lay the foundations" for the New Order, designed according to the Will of God, the conscious cooperation between the Evolutions that are moving upward in a parallel rhythm will become increasingly evident to the spiritually alert.

The Angelic Host, delegated to the realm of song and story for the most part by the material-istic mind of the twentieth century, will again become an Accepted Reality, and the curtain of maya that has so long separated mankind from these Beautiful Beings who have been their unseen but ever-present companions and guardians through the centuries will be melted away by the love, the faith and the assurance of the members of the human race who are privileged to assist in this pioneering work of a spiritual nature.

Sensitive individuals are rising here and there who have the developed spiritual natures required to contact Members of this Kingdom, and they are
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putting forth their findings in books and lectures which confirm to the students of the Spiritual Law that such a Realm and such Inhabitants do exist, and that communication with Them and conscious cooperation and service with such a Kingdom is not only possible but is, even now, a fact. Here and there, where such individuals or groups can be found, the first pulsations of cooperative endeavor between the Angelic Host and mankind are already setting a pattern which one day will be the accepted "fashion" of the spiritual day!

The following "excerpts" describe such an experiment, and may be enjoyed by any group or any individual willing to so prepare themselves that their life energies and their personal and collective harmonies are such as to warrant the coming of these lovely Beings into their worlds and auras, with the resulting stimulation of the spiritual nature of the human kind, and a similar practical progression which is afforded the Angelic Kingdom through association with the soul and conscious-ness of those ascending the ladder of evolution through the human kingdom.

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The Coming of the Cherubim to Philadelphia
December 1952

From Celestial Heights of Perfect Peace, Beauty and Ever-Expanding Perfection of every kind, the Cherubim have come, to abide-consciously-within your auras,

and to bring again that sense of Brotherhood between the Kingdoms of The Angelic Host and that of mankind!

In the early ages, when mankind first walked the earth, the glorious cord of electronic life energy which connected each one with the God Presence, was far wider than the physical garment he occupied, and This Light formed The Path between the Kingdom of Heaven and the Kingdom of earth, over which the directions of the Presence flowed, and across which the Angelic Kingdom and the Guardian Master could pass freely into the consciousness of the people and into the actual sub-stance of the world of form.

Thus the glorious Bridge from the human to the Divine was world wide, and there was no separation and no disconnection between the world of God and the world of man. It is this glorious estate We are endeavoring to restore, and it is My particular joyous service to Life to bring, wher-ever opportunity affords Me the privilege of doing so, an understanding between the Angelic and

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human kingdoms, and a loving cooperation in unified service to God and man. I was enabled to secure the dispensation required to bring some of the lovely members of the Cherubic Hosts to dwell with you, with the understanding that once each month I would have to attend each one to see if it were kindness to allow the lovely Being to remain longer in such association. The Lords of Karma promise Me that if we prove successful in this experiment, that I shall be allowed the honor of bringing more of This Kingdom into the lower atmosphere of earth around the magnetic heart centers of Love which specifically qualified students may provide. We shall see! You know We often smile at the casual acceptance of a dispensation, or a service rendered by a Member of Our Kingdom to the student body, who consider all endeavors to assist mankind consist of a mere "perfunctory wave of the Hand of the Master" by which-with no expenditure of thought or feeling-manifestations, miracles and marvels occur. Yet, this concept is at absolute variance with the training, discipline and self mastery that is required of Us to secure this Free Estate. Everything We do in any kingdom requires the use of Our concentrated faculties, the expenditure of Our vital Life Force, the contribution of Our creative centers of thought and feeling, and the dedication of Our attention and interest. Although it is a joy to be called into action and-in fact-even to be recognized as capable of

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performing the services that are incorporated in your decrees, I cannot refrain from reminding you that "sweeping the Violet Flame through you" for instance, requires that Your Presence and the Master addressed, in courtesy and delight at the opportunity to serve, must stop whatever He is doing for a moment, and direct the energy of His Life to that service.

Then, for the most part, the student is so delighted that he has "made the call" that he never thinks to thank the One who has oftentimes paused in the middle of a Cosmic Conference, or in the creation of a Star, to respond to that call.

For Christmas, thought I, I should Love ExCEEDINGLY to give the blessed chelas a particular gift of Love! Thinking of you, turned My attention toward your city, and with the Inner Sight I saw re-vivified the Beautiful Cherubic Temple. The Great Dome of the Temple was rounded and shone in the Light of the Spiritual Sun, and countless thousands of Cherubic Beings hovered around it, like lovely honey bees cluster around sweet flowers. Great ribbons of Light pierced through the golden atmosphere, and, like searchlights, poured out in every direction, and, along these ribbons of Light Angelic Beings walked-as you walk today along a path made up of the substance of earth. As I looked, Lord Michael came by, and He said to Me "What a beautiful sight! Why don't We ask if We might restore it through the student body?" "Exactly!" I replied-"this shall be Our Christmas

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Gift from God to the students-if We are enabled to receive consent to do so at this time."

As you know, My service to Life is to bring the Angelic Kingdom and the kingdom of men together again, so I had a "reason" that was not purely personal for approaching the "Powers that Be" with this request. Prince Michael came with Me, and We were given the consent to render this service.

Then, I had to secure Cherubim willing to come, and strong enough to endure the experience, sweet(?) as it might be! Lord Michael suggested I take only Angels of the Blue Flame, as They are used to the strenuous activities within the astral realm and are more prepared to withstand the impact of the vibrations of human kind. · "No," I said. "I would like this to be a very individual gift, and I shall enter the Sphere within which the Presence and Christ Self of each of these lifestreams presently abides, study carefully the Light of the Causal Body, and secure a Cherubim which represents the Cosmic Quality and Virtue of the student and the Ray to which he belongs." This "survey" took Me no little time, but I enjoyed every moment of it, and from each Sphere, I took with Me as I proceeded on My journey, those little Cherubim which were to soon abide with you. We made a merry company, the Little Ones streaming out behind My person, enjoying tremendously the "visit" to the other Realms than the ones in which They had previously abided, for I had secured a Cherubim for each blessed one

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whose Light was strong enough to step out of the old regime into the new. We rode in state, in a beautiful Chariot of Fire, to the Heart of the Sun

to receive the Blessings of the God Parents on Our venture. So the "Little Ones" had a Christmas gift too, before I brought Them to you. And here, They now abide! Dressed in lovely shimmering garments of living Light-They do not labour, They shine-They do not create, They awaken, and each one represents the God Virtue which is your particular service to unfold for the enrichment of the consciousness of all mankind.

I hope you enjoy Them as much as I have enjoyed bringing Them to you. They live on Light, and you should see the happiness and joy with which They enter the Sanctuary to be bathed in the radiation drawn forth in the class work, for this is the "nearest" They get to HoME! The more of the spiritual essence that is drawn forth in the groups, the stronger They grow, and They develop in size and mature in consciousness, just as chil-dren do. Will it not be a happy day to show Them so well grown by next Christmas when I must take them for a brief journey back to the Sun?

May I, as your Brother, express the gratitude and blessings of The Ascended Host of Light to you, individually and collectively, for offering Us an opportunity to expand the Light of God that never fails through the atmosphere of earth and into the consciousness of all peoples!

BELOVED ARCHANGEL MICHAEL 61

Little can the outer mind comprehend the Activity in Heaven that has been occasioned by your tremendous calls to Light and Life through the years, which has set into motion the Hosts of Light, who, obedient to that call, are enabled to render service to the earth unparalleled since the last Golden Age of Perfection.

It is one thing for the Sons and Daughters of Heaven to pursue Their Appointed Activities at Inner Levels, and quite another for the life within unascended beings to demand the more than ordinary intervention and intercession of these Beings on behalf of mankind and the planet it-self. Every Master Power in the Universe has grown and expanded His Light to a far greater ex-tent than the ordinary course of spiritual evolu-tion would allow because You-Valiant Defenders of Light and Friends of Freedom-have demanded of Their Life certain outpourings which required that each draw, focus and direct more and more Light through Their own Lifestreams. Can you see then how you have contributed to the Evolution of the Heavenly Hosts? Can you sense then, how We love you?

And now, Children of the Shining Hearts, I Am privileged to bring to you the Cherubic Children from the Fire Temple, and here-this Holy Christmas Eve 1952-begins the first pulsation of The Brotherhood of Angels and Men, walking to. gether along The Pathway to Freedom, contributing

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their joint energies to the awakening and freeing of mankind everywhere

from all that limits, binds, curtails or distresses life. This is My Joy-My Honor-My Delight!

As the Seventh Ray increases in Its Power through the consciousness of mankind, the Worship of the peoples will combine the Three Evolutions, -Angelic, human and elemental. Tonight, We set that Spiritual Pulsation into motion in this visitation.

I know, Sweet Hearts of The Presence of Life Eternal, your FEELINGS as you accept The Divine Beings who have swept earthward in the train of Lord Michael's Great Aura, for one Christmas Eve -so long ago-I,* too, was entrusted with a Presence from Heaven, ONE whose Love was to redeem a world from death and sin! I, too, prayed within the recesses of My Heart, that as the Lovely Mary was delivered of This One, I might be found strong enough and pure enough and constant enough to BE the Protecting Presence of His Holy Innocence.

·well do I remember the heart pain that I had not proven worthy enough through My karmic bonds to provide a shelter of dignity and comfort for the coming of This One, and yet-in the exquisite radiance which presaged His birth-all was forgotten except the Peace and Holiness of the Light of Heaven and the Love of God So,

BELOVED ARCHANGEL MICHAEL 63

even the simplest heart and spirit, the most humble abode or tabernacle is graced with a Spiritual Light that transmutes it into Heaven's Heart, when God does choose to there abide!

When I received permission to endow upon your lifestreams, these Glorious Cherubic Children, how happy was My Heart, for I know-through Personal Experience - the sanctity and spiritual exaltation of living with a Wholly Pure God Being, and this I would love you to experience and enjoy.

The colors of your Causal Body were carefully studied, and the Flame Temple in which your Presence and Higher Mental Bodies serve was visited, and from these Temples I personally chose a Cherubim for you individually that corresponds with your natural color, tone and spiritual service through your own God Ray. For the past week these lovely ones have abided within your Higher Mental Bodies, becoming acquainted with the vibrations of your Spiritual Selves. · May I say that the Cherubic Hosts live in happiness, laughter and joyous peace. Do not take such personal responsibility as to make yourselves tense, because this is an unpleasant vibration to Their happy hearts. Do the very best you can, My Children, and I shall come once a month to see how The Angels fare in the keeping of Their brothers. If They are happy We shall ask for greater dispensations to bring more of Them earthward

• St. Joseph ! Jesus.

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and part the human veil so you may see the delicacy of Their features, the Radiance of Their luminous bodies, the perfection of their divine forms, the golden light of their curling hair, the heavenly spirit -Of their luminous eyes

A joyous Holy Christmas, children-and a blessed companionship with Heaven's Own!

SAINT GERMAIN

A PRIMER ON HEALING

Basic Knowledge and Basic Practice

THE ASCENDED MASTER HILARION

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PART ONE

BASIC KNOWLEDGE

FOREWORD

Greetings from a Co-server from the Fifth Realm. The race of man in its quest for healing will sooner or later turn by necessity to a source of power and understanding beyond the human consciousness. From Our vantage point in the Higher Realms We can see the

forces at work creating this necessity, though I suspect it may not be as apparent in the world of form. Healing will now have much to do with the Healer's ability to create the same context for the patient, balanced by the understanding of certain knowledge.

The purpose of this book is to present a portion of this knowledge as to a reorientation to the source and substance of healing. It is by no means complete and, in fact, is intended to inspire your own contemplation about healing. I would remind you here of the motto of the Great White Brotherhood: "To know, to dare, to do and to be silent." Presented here is some of the knowing; the daring, doing, and silence is up to you.

THE BELOVED ASCENDED MASTER

HILARION

A PRIMER ON HEALING

1

PART ONE

BASIC KNOWLEDGE

INTRODUCTION TO THE KNOWLEDGE

Healing is the Science of Love. In the work of healing, man must conceptualize and accept (think and feel) God to be the Doer, the Doing, and the Deed. In ancient days when one could go to the Healing Temple, it would be a time of purification and restoration on both the spiritual and physical plane. The Priest-Healer recognized God as the healing in him as well as the healing through him, accomplished by assisting the patient* to do likewise. The actual healing took place when God coming through the Healer connected strongly with God in the one to be healed. Beloved Master Jesus worked this way, as He had a strong force of God pouring through Him, as well as a powerful ability to call forth (invoke) the God in the one needing healing. In fact, He called back Lazarus this way. And as Beloved Jesus affirmed, every man, woman and child has the same potential to heal if they allow the Christ Presence in themselves to call forth and connect with the Christ Presence in the body of another. This connection, or oneness, will allow the specifically qualified energy of healing to flow forth and do the actual atomic and molecular restoration needed for healing. This fulfills the Christian teaching of redemption (healing) through atonement (at-one-ment).

*FOOTNOTE: Patient - one who is patiently suffering.

2 A PRIMER ON HEALING

In the Inner Realms, mostly on the etheric, Healing Temples have been ready with the specifically qualified healing energy since man first created disease. Life always precedes demand with supply. Masters, Angels and Elemental Beings (including many already manifesting in the plant kingdom) have always been available with healing knowledge and healing substance, only awaiting man to call them forth and create the God connections spoken of above. Healing can be invoked into one's own body by creating the God connection for one's self; yet so often, when caught-up in disease, one needs help and hence the role of the Healer. Good Healers simply build a momentum of such facilitation and come to a better understanding of the inner causes of disease, and thus how to help others to let go and let God.

LAW OF CAUSE AND EFFECT

When Healers and scientists visit us in these Etheric Temples (and many do) one of the first things that is reviewed with them is the Law of Cause and

Effect, Medicine has a great tradition of always trying to look beyond the effects (symptom) of a disease to its cause, but it is difficult for mankind to accept that the cause of physical disease may be beyond the physical realm. Obviously, to have physical effects, a disease is mediated at some point through a physical mechanism, which is where man looks for the answer to disease. At best, he is doomed to only temporary relief; for example, an apparent cure of an infectious disease with an antibiotic to kill the offending organisms, does not answer the question of why this body was susceptible to that germ, and the seed of that susceptibility remains to sprout again in disease until it is

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dissolved through purification. It is wise to take something for the infection and wiser yet to also purify the inner cause of disrepair.

What are the forces that keep our body in balance and repair? On the physical level, this is the study of such sciences as Immunology (naturally occurring defenses in the body). But on a deeper level, we need to again look at the Law of Cause and Effect. If the desired effect or result is trouble-free maintenance of the body, then the cause for such an effect must be created. Cause is defined (by Webster) as -- "A person, thing, fact, or condition that brings forth a resultant action or state •••• to bring into exist-

ence or to make ••• " • The Universal I AM Presence is the First Cause - The Divine Maker: Perfection.; The Father-Mother God strongly intends all things to be perfect, and this is Their First and only Cause. Man was to join this First cause and call forth in his own world continual perfection. This process, by which man transforms his cause (or intention) into effects (or results) is through his thoughts, feelings, voice and actions. Thus, if man wants to cause a trouble-free, healthy body, he must see that every thought, feeling, spoken word, and action vibrates with health. Long ago the Law went forth, "What you think and feel, you bring into form --- what you meditate upon, that you become".

Thus, healing comes from a peaceful mind and a strong heart. In the most part, it is the development of the ages. But the time is at hand when healing must become available to the entire family of man - and quickly. Such a goal appears difficult because of the present chaos, yet this chaos is only the scum of man's miscreation, or wrong cause, coming to the top as more Light is

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added to Earth. At some point the Earth's axis will be straightened, as has been decreed, and she will accept her perfect orbit. When this healing or restoration of the body of Earth takes place at the hands of the Cosmic Healer, healing on the Planet will occur with much less effort, as will all the laws of heaven. "Thy Will be done on Earth as it is in Heaven," and in Heaven (Ascended Master consciousness) perfection continuously unfolds effortlessly.

THE ETHERIC BODY, CHAKRA CENTERS AND BODY ELEMENTAL

Although it is true that the mental and emotional vehicles contain the deep roots of disease, the etheric body is more aligned with the day-to-day functioning and health of the physical vehicle. A review of the etheric body from an inner standpoint reveals it to be an organizer of energy, especially for the physical body. The programming of what the physical body needs, when and where, is all built into the etheric body. It unfolds the plan for the physical structure and through the Body Elemental. It is the mysterious life force behind growth, development, and self-repair. Energy from more subtle sources

(Christ Self) gets transformed in the etheric vehicle into a vibration that can connect with and be useful to the physical body. The nervous system and the endocrine glands are the most sensitive receptors in the physical body to the finer vibrations and transform them further into physical impulses.

The major points where the etheric body interconnects with the physical body are called the chakra centers. Etherically these centers look like and are experienced as spinning wheels of light and color. Physically they are represented by a major collection of nerve cells

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along the spine (ganglionic centers) plus an endocrine gland closely linked to that nerve center. There are seven such major chakra centers, and each is to reach full development. Their purpose is to function as the principal organizing and coordination center of energy flow in both the etheric and physical vehicles of man for a certain point in development. Each is designed to coordinate the experiences of one of the seven major Rays and for man to complete his earthly development, each must be brought to full development. This simply represents the master of each Ray in the physical form.

While evolving through a chakra center, certain experiences designed to master that Ray will appear. The effect of such experiences is either mastery or returning negative conditions, often in the form of disease. The type of disease will depend upon which chakra center the returning energy is aligned with.

And further, man can often be evolving through one chakra while reaping the effects of a previous chakra, and hence appear to have mixed experiences. For example, while operating from the power chakra at the throat, a person may reap the return energy sent from the Solar Plexus Center (stomach, gall bladder, bowel functions). The time has now arrived, however, to not only be knowledgeable of the chakras, but to experience them, purify them, and use them for their original purpose. In the Treatment Section there will be methods discussed as to how to work with the chakras to facilitate healing.

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Mankind originally took embodiment to learn mastery over energy and vibration in the physical experience with energy, the cause released had its effect, and this effect is registered in the etheric body, hence it being called the memory body. This was to be a built-in mechanism whereby the etheric body, in its role of organizer of vital forces to the physical, got continual feedback as to how the physical evolution was proceeding. The etheric body would assimilate the experience, and then accommodate, or make adjustments for the returning message. Hence, each succeeding experience with energy would be influenced by what had gone before. There are countless feedback systems between the etheric and physical, as well as in the physical vehicle itself.

Scientists have discovered many of these especially in the study of endocrinology and other basic physiological sciences.

The original design was to evolve a self-perfecting body, continually making adjustments for various aspects of life on the Planet. In comparison, it is like starting with a simple, small pocket calculator, that with each use, would adjust and grow to fit new experiences, getting feedback, assimilating and accommodating to that feedback until it became a great, complex computer capable of amazing feats, all under the control of its operator (Christ Self).

However, imagine if the experiences this growing computer had were negative

and the feedback destructive, with the effect of broken or corroded circuits, Jammed sensors, with unresponsiveness to the operator at the control panel. This approximates the evolution of man since his fall •• The Divine Operator is now demanding to function through His instruments in their intended ways. What does this have to do with healing?

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As the computer became dysfunctional, man's experiences were affected by it, for as the Light from the Christ came through the etheric into the physical it was already qualified by the negative and destructive vibration that was stored there. You need to plainly see that the etheric body is both the coordinator of Christ Energy for the physical body as well as the storage of feedback. Because of these dual functions, evolution of this system can go either very well or very badly, as it will gather momentum in either direction. The more perfect the feedback, the more perfect the memory circuits and the more positively charged is the Light getting through to the physical body. Hence the more likelihood of a more positive feedback through the etheric, and so on. It also can go downhill in the same manner, as mankind have experienced.

The most amazing feature of the original equipment, as is the nature of God, is that it is always redeemable, and simply needs to be cleaned up, loved free, and restored.

Another component of the etheric body is the work of the Body Elemental. As Beloved Saint Germain has explained*, this highly evolved Etheric Elemental has volunteered to work with physical substance in the continual repair and maintenance of the physical vehicle. This elemental is the mysterious life force behind the developing infant, who drives the tiny flesh form until there is sufficient consciousness for the infant to thrive on its own. New Age Healers will have to become familiar with the Body Elemental, invoke it forth in love, and work with it in cooperation, to restore the physical body. It is

- FOOTNOTE: See "Ascended Masters Write The Book of Life" Pgs. 149-153

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the Body Elemental, on the etheric plane, that can view the Christ Self, or Divine Blueprint, and then work through the nervous system to produce a similar effect in the physical realm. A stubborn or rebellious Body Elemental, or one that is simply ignored, can be a powerful block to even the best Healers. In the New Age Healing, work with the Body Elemental will be one of the most important and specific areas in Beloved Saint Germain's Brotherhood of Man, Elementals, and Angels. I would encourage you to become acquainted with your own Body Elemental. This can be done by loving it and calling it forth, but also by asking your Christ Self and "I AM" Presence that when you are asleep and in your finer etheric body, that you might converse with and get to know the workings of your own Body Elemental, and bring back a conscious awakened memory of this. Such a process will fulfill the old but very true adage, "Physician, heal thyself!"

In review of this section then, the Etheric Body is both the coordinator of vital life force to the physical, as well as a feedback mechanism, so man could learn from experience. The work of coordination of vital life force uses the chakra centers and the nervous system of Man. The entire map of the nervous system is simply the outer complement to the etheric channels of vital force, something that Eastern Medicine has attempted to make use of. The Body Elemental is part of the natural process of restoration, and Healers need its

cooperation. Healing, from the etheric viewpoint, requires purification through use of the Sacred Fire, visualizations, and experiences aimed at opening up the vital centers and lines of flow, as well as physical therapies such as manipulation of the nerves and etheric channels, good nutrition and tone of the body,

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and the correct amount of sunshine, natural vitamins, and other sources of vital force.

RELATIONSHIP OF THE CHRIST SELF TO THE ETHERIC VEHICLES

New Age knowledge now reveals that the electronic stream of Light from the Presence which gives life to the four lower vehicles is simply a stream of electrons stepped down in vibration from the Inner Realms (and not from a mysterious space above an individual as has been depicted in three-dimensional pictures). After this stream of electrons has passed through the vibratory level of the Christ Self, it passes first through the vibration of the emotional body, then of the mental body, then of the etheric vibratory level and finally manifesting itself on the physical plane in the head centers, eventually anchoring itself in the permanent physical atom in the heart.

Concentrating presently on the etheric body, it is important to realize that the Christ Self directly oversees this body. Theoretically, the Christ oversees all of the vehicles, yet at present the emotional and mental bodies of man are autonomous and basically out of control. However the Christ Self still retains much control over the etheric body, especially in the work of organizing and integrating energy and vitality for the physical form. In that sense, there is a special relationship between the Christ Self and the etheric/physical form, excluding the other two vehicles. The Christ Self, as the Divine Director, can at present have more effect on the etheric/physical form than on the mental and emotional bodies. Hence, in the healing of the flesh, much of the work is done consciously,

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invoking the Christ Self and its Divine direction over the etheric body, the chakras, the nervous system and endocrine glands, and the Body Elemental. The other two vehicles simply need purification and realignment. It is the Christ Self Who, when It can etherealize the physical body sufficiently, will shine through the flesh structure to make it seem a self-luminous body of Light, It is also the Christ Self which will assist Healers who themselves have attained a semblance of Christ Consciousness in diagnosing the ills of any individual on any of the four planes of experience. This reaffirms a previous point, that New Age Healing will be the Christ in the Healer invoking forth the Christ in the one to be healed, resulting in the transfiguration of the mind, body and spirit.

EMOTIONAL AND MENTAL VEHICLES

This section will be purposely short. We have spoken thus far mostly of the etheric body because of its close association to the flesh structure. The remaining two vehicles, however, contain most of the life forces, especially the emotional body. Their importance in good health is obvious, in the basic Law of Creation: "What-you think and feel, you bring into form". Manifesting disease therefore has its roots in the diseased thinking and diseased feeling. Healing has its roots in healthy thoughts and healthy feelings.

The only things that really need to be stressed is the purification of these vehicles. This is much of the work of healing for the next while on this Planet.

The advice of our Lord Maha Chohan is apropos here: "Do not do battle with your soul; rather, transmute it", Let me

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add to that some advice from the Fifth Ray. We constantly hear, "How can I control my thoughts and feelings?" mostly in moments of crisis, panic or emotional upheavals. The power of your attention is the most powerful tool in controlling the emotional world. The emotional body is like the engine of a car. It gives all the propelling power, but the gearshift determines which direction the car will go - forward or backward, and the steering wheel determines the path. So don't battle the engine. Rather, steer the car in another direction by training your attention to focus on something constructive or positive. "What your attention is upon, that you become" - is another Universal Truth. In quiet times, however, one might practice commanding your feeling body to supply various qualities at will. This should not involve a battle, although it will involve discipline and persistence. Visualize, for example, the Devas communicating with one another. They call up from their feeling nature various qualities that appear to be bursts of color in their auras. A Deva might portray several colors in succession that represent various qualities, and collectively form a message. Mankind can have the same control of his feeling world as the Deva, and eventually will. So, for example, practice during your contemplation times, evoking the feeling of adoration; experience it as fully as you can and let it go. Then bring up faith, experience it and allow it to recede; evoke the experience of consecration, let it too recede and so on through the Seven Rays. This way, as you are purifying these vehicles, you are training them to respond to your Christ command. The feeling of being able to command your emotional body, and instruct it to give forth useful and constructive feelings will follow if avid purification

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accompanies this process. This will also lead to great enjoyment in the process of attaining Christ consciousness, as it will raise your spiritual self-esteem. One other point is worth mentioning. When visualizing your mental and emotional vehicles, see them as you see your physical structure and not as vague ovoids as currently portrayed in occult writings. This will assist the experience of controlling them, just as you have control over your physical limbs.

In review, purification and alignment is the keynote for the thinking and feeling bodies. The power of the attention can bring tumultuous and erratic emotional vehicles under control. Practicing with your emotional vehicle in quiet or neutral settings to experience positive feelings on command is very useful.

ON FEAR OF DISEASE

Mankind's fear of disease is one of the most powerful blocks to healing. This is one of our greatest concerns here at Crete. Many activities of this Retreat are aimed at giving mankind the conviction that the natural state of all things in the Universe is perfection. We scientifically prove it to them. Anything less than perfection is only temporary and only for the purpose of learning more about the Law of Cause and Effect. Disease is such a lesson. --- Disease makes one pause and takes note of how his or her life is going. The more complicated and difficult the disease, the greater the lesson and the closer to graduation. When a disease process ends an embodiment, he or she has graduated from a set of circumstance that were not longer needed

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for forward progress. He then goes before the Karmic Board to secure a new set of circumstances (a new embodiment) for greater lessons toward the Ascension after certain purification and illumination in the etheric realms. One of the obvious reasons then, that disease often lingers so long for some individuals is that perchance they refused to learn the lesson at hand, and the resistance caused the prolongation of disease.

In this context, one can see disease as a useful indicator in the use of life's energies. But mankind, in shortsighted, almost blind ignorance of the continuity of life, is threatened as it is faced with a greater power. Fear, anger and resentment (Why me?) arise and form a hard casing around the disease which blocks many well-motivated healing attempts. This resistance to disease is where much of the pain of illness originates. The resistance is actually the outer self refusing to succumb to a greater power, yet often in the end, it is forced to. Through-out the writing of the Saints one can find the vivid experience of how a disease finally forced the sweet surrender to the God Presence. New Age Healers will need to facilitate the patient in letting go and letting God's Will be done ---

a form of New Age psychology. Once the personality is out of the way, the lesson can be learned and the cause rectified. This will lead to a quick healing or to a quick release into the inner Realms, all according to the God Presence.

I would ask that you consciously seek to bring back in your consciousness from your visits to Our Retreat here at Crete the same conviction Our Brotherhood has in conveying the principles of the continuity of life and of surrendering the outer self to the greater power in healing.

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Fear of the change called 'death' will disappear if the Healer can help the patient toward an experience of the continuity of consciousness and have that one experience, even for a moment, the the immortality of their true self. Again, this kind of facilitation of the one needing healing toward the experience of Christ Consciousness will be much of the work of the New Age Healers. Fear as the cause of disease is also rampant and dynamic purification is necessary in the emotional world of such an one. However, one of the greatest blessings to mankind of Saint Germain's New Age is that purification by Violet Fire will become available before the effect of disease has set in. Although this is as yet unrecognized by the majority of mankind, it is one of the greatest causes of rejoicing in Our Realms, as it will have a tremendous impact on disease in the race of man. You can now sense why We, through the years, have implored you to use the Violet Flame.

GENETICS AND THE INHERITANCE OF DISEASE

Medical scientists are discovering more and more as to the genetic components of certain illnesses, which is well and good. However, we hear mutterings of students as to how this can be since everyone is responsible (in cause) for their own illness and blame cannot be put into inheritance. If the student had the inclination or the knowledge to read these reports, he would find that in most diseases with a genetic inheritance, it is not the disease itself, but a propensity to get the disease that is inherited. This is true; one 'inherits' the cause previously set into motion by themselves over many, many embodiments, and if the returning energy can be

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purified in other ways the disease need not manifest. There is also some definitely inheritable diseases or handicaps where the Karmic Board, in counsel

with the God Presence, felt a certain experience was definitely indicated during a certain lifetime. However, even these diseases can be healed if the cause is purified and love commands the outer personality.

Here I would like to mention, since We receive many distressing calls about it, that it is always, always right to try to heal a disease with no thought necessary as to interfering somehow with Karmic Law, when working with the God Self of the other.* Remember, life does not create disease -- only man knows how. Life intends the race of man to be healthy, free of pain and full of vitality every moment of eternity. Man created disease and man can always undo disease, including calls or healings from one of the race on behalf of another. If a patient wants release, you may always help. If the patient doesn't want release, it would not matter what you did anyway - he or she would cling to their disease.

students on the Path, especially those who are interested in healing, need to be more comfortable with the physical body. Every disease, no matter what the cause, will have a physical or biological mechanism through which it is mediated. This is where medical science is making great strides, and they deserve your full support. The mysteries of the physical vehicle need to be fully probed for only then will it become apparent in science that the answer does not lie in the physical realm for all diseases. So genetics

*FOOTNOTE: - See Exercise No. 3A • Pg. 35

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is only the science of how Life mediates Karmic effects biologically - on the atomic level - in the race of man. Your God Self is an Electronic Realty. I hope the message is clear.

THE COSMIC PROPORTIONS OF DISEASE AND HEALTH

In some esoteric circles, the use of disease by the Lord of the World for working out the Divine Plan of the Planet has been discussed. It is true, of course, that disease has had a major part to play in the history of this Planet, and on a large scale it has been used as a means of unleashing Karma as a means of purification - but let it be clearly understood that disease has no place in the overall Divine Plan of this or any other Planet; the great Beings Who watch over the evolution of the Earth have had to do what was necessary at times to deal with tremendous momentums of negatively charged energy generated by mankind. Disease was an avenue chosen for this purpose from time to time •• The point here is not to allow the thought that disease is a natural part of the evolution of this race or this Planet. It is not! The Earth is entering an age where disease will slowly disappear as an avenue of expressing Karma as the race becomes more proficient with the use of the Sacred Fire.

The Earth is also a part of a larger Family of Planets, and thus Cosmic events affecting this system of Planets will have effects including the physical realm of Earth. As is well known in New Age literature, we are rapidly approaching a major transition in vibratory action of the whole system of Planets under Helios and Vesta. Beloved Helios recently divulged that the God Parents are constantly watching for the Earth to be ready for its final inbreath into

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the orbit of Uranus. This will step up the vibration of everything on Earth, bringing them closer to the etheric level of vibration. The physical bodies of man are included here, and that is why the etheric-physical connection needs to be well understood and practiced.

Also, this makes the present time a very opportune time to be a Healer, for previous to this the vibration of most physical vehicles was so dense that it took a tremendous Medium or Healer to change them much at all. Hence, the erratic success rate of even the best Healers and why physical doctors were so important. They work in dense physical substance. However, we approach a time now when the physical vibration will be closer to the finer etheric substance. The vehicles of all mankind must successfully pass into the orbit of Uranus and beyond and will be much easier to heal using the higher vibration of the Sacred Fire in cooperation with the Angels and Elements. Without stating as much, it should be clear that the Earth, as a whole, and especially the physical bodies of man will become more and more etheric as Saint Germain's New Age progresses over its allotted course. So now is the time to jump on the 'Healing Bandwagon', as you say, for its time has come and its success is assured.

PART TWO
BASIC PRACTICE
FOREWORD

I would like to assure you that in this section on the basic practice of healing - much of what will be appraised of is done in unity - in cooperation with Beloved Kuthumi and Beloved Micah especially. This is because so much of healing has to do with becoming Illumined and assuming True Identity, both for ourselves as Healers as well as those whom we wish to heal. In this regard I feel that I must counsel you on a certain subject. You are beginning to realize in your experience world the duality of your present evolutionary level, of the Electronic Presence of God which You Are, working through the physical elemental substance which you also are. The work of healing is basically trying to have an effect on the atomic elemental structures of men while assuming the identity of a God or Goddess in the work. This is what is meant by becoming a Priest or Priestess in the service of healing. At present, there are few, very few who have really attained the rank of Priest or Priestess on the Ray of Healing. What I would like you to realize from this is that as you attempt, in your studies and application, to become Healers it cannot be done in and by itself alone. It must be done in the more general context of continuing to grow into your full God Identity in all areas of life. The basic teaching of our Beloved Lord of the World again comes to mind - "The middle way" - all things in balance with one another. So, in your work of becoming Healers or in making healing your spiritual avocation, please do not abandon your other studies under other Masters or Rays, but rather work at the blending and the unity of all of them. Master Hilarion showing himself in Deva form.

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PART TWO
BASIC PRACTICE
INTRODUCTION TO THE PRACTICE

Greetings again from the Fifth Realm. I, Hilarion, bring to you today a message of Love. Think of the day when that very word 'love' may carry enough energy to heal someone. I AM privileged to be able to see the glorious future, as well as of the present efforts toward perfecting this Planet and I see disease, although present yet for a while to signal inharmony, being readily controlled

by a re-expression of natural love. Love is the cohesive power, 'the power which will pull together' an organ, to reorganize it atomic-ally, to its perfect pattern. The rest of the energy then is sent back to its primordial existence for repolarization.

Each atom in the physical plane has a Divine Plan or a natural state which it will revert back to if given the right vibratory level or vibratory thrust. To create these vibratory levels, Healers will use the pressure of their own Three-fold Flame and its aura in ever expanding, upward rushing force of vibration and consciousness. They will, as well, tap into this same upward rushing force of the Christ Presence of the one being healed. Healing is the science of changing vibratory levels, or loving free man's vehicles of expression. Scientists so far leave out mankind when they deal with the 'cold hard facts' of physics, yet, in truth, man is the

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greatest presence of these natural laws in action and can control them - at will - in the Elemental Kingdom; including his own Elemental Body. Man is the greatest evolutionary species on the Planet and was always meant to master, through love, the Elemental Kingdom. Man uses elemental life to express himself because, in truth, he is consciousness manifest as matter. The 'matter' is what gets diseased as a result of our consciousness becoming less than what it naturally should be. In the original blue-print the level of man's consciousness was to naturally vibrate at a disease free level, just as naturally as helium always vibrates at a level slightly above air, and therefore will always float on air* •••• It is simply a matter of vibratory levels.

We, here at Crete, would appreciate it if New Age Healers could think in the scientific terms of vibratory levels and the use of energy to increase vibratory levels. This, of course, is to Healers, including: The Electronic River of Light from the Eternal source of Healing; powerful constructive music; the pure voice; affirmations and decrees; color, fragrance and all the other constructive energy available to the chela. Of course, the most pure form of healing energy is simply unadulterated God qualified energy invoked from the Brothers and Sisters Who have served the Flame of Healing for aeons of time.

*FOOTNOTE:

Man should 'float' on a vibratory level above that of disease.

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THE SCIENCE OF TRANSMUTATION

This science of transmutation, which is again simply dealing in vibratory levels, has been available to man since the great fall in Corrac Louane's, There have been spurts of its renaissance through history but, unfortunately, as consciousness falls resistance increases, especially to something as transcendent as this Activity. Transmutation is the science of stepping -- up the vibration of

a substance until it can 'jump' into another atomic pattern. In healing this pre-supposes that there is a pattern of disease and a pattern of perfection which every organ, cell and molecule in a disease state can be transformed into.

The word 'mutant' unfortunately carries a negative connotation, although its root is in common with transmutation. Any person who has the slightest imperfection is a 'mutant' from their Divine Plan and their Divine Self. The creation of this disease state not only requires a misqualification of energy which, as it flows through the person, literally slows down the vibration and

begins to disintegrate its perfect atomic pattern, but also the continual misuse of life to support the disease and give it an environment in which it can grow. As this pattern in the use of energy crystalizes into habit it becomes increasingly difficult to change and is accepted then as 'normal existence'. Then from this state mankind cries out to be healed of his disease while he continues to create the atmosphere which supports disease. Thus, in following good healing principles, not only should we concern ourselves with the process of healing a specific malady, but also to change the process of living which has spawned and supported the

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disease in the first place. This process of living is centered in the thought and feeling centers where life is stamped with its vibratory level. Healing of the future will not be something that is 'done to' an individual but rather requires the full consent, awareness and cooperation of the one being healed in a healing process with the Healer and with his own Christ Self. This kind of personal commitment will be required but the reward will not simply be the release of disease, but a pattern of life designed to allow the full expression of Christ Consciousness. This is the goal and the purpose of a New Age Healer defined!

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AN INVOCATION FOR HEALING CLASSES

I AM that I AM ••• in us ••• and all our brothers and sisters in the Family of Man.

"I AM" the Healing Presence of our Father-Mother God here in action now, no longer tolerating suffering and disease where there would naturally be self-luminous Light Bodies.

"I AM" the Divine Principle in authority, representing the Spiritual Hierarchy, who demands that Christ consciousness now manifest through the physical bodies of mankind.

"I AM" here in the name of the Mighty I AM Presence and Holy Christ Self of every soul belonging to Earth, who, as one might voice commands "Thy Will, Oh Father-Mother God, be done in and through these physical vehicles now." In that name "I AM", I invite and invoke the tremendous Ascended Master Light Rays and the very substance of Ascended Master Consciousness from Beloved Helios, the greatest healing power in this Universe; Beloved Lady Vesta, Mother to this Universe; Beloved Mother Mary, Mother to the souls on Earth; Beloved Meta, Beloved Kwan Yin and all the Ladies of healing and compassion; Beloved Hilarion and all the Brothers and Sisters of the Healing Temples; Beloved Lord Raphael, Beloved Elohim Vista and Lady Crystal, and all Their combined legions of Healing Angels ••• to be with us now. Manifest through us now the consciousness of perfect health and harmony ••••• (optional - especially for (name) for all life to witness), This shall be for "I AM" ALL LIGHT AND THE LIGHT OF GOD NEVER FAILS, So be it, Beloved I AM.

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HEALING EXERCISES

EXERCISE 1: Healing Yourself

1A: The Breath

In healing yourself the principle thing to experience is to get 'self' out of the way and to allow God to do the healing. There is a tremendous Will in the Universe that when unleashed by the attention, lends a tremendous momentum of perfection; in this case perfect health. Becoming strongly in

tune with that source of Will is basic to healing, "Thy Will be done in and through me now."

To wrest the attention away from disease or pain, begin by putting your physical body in a comfortable safe place where you are not likely to be interrupted. Have your spine straight and limbs uncrossed, (This may be standing, sitting or lying), Begin to breathe deeply and rhythmically, by first filling your abdomen with air and when it cannot get any bigger let the air roll up from your abdomen into your chest right up to your shoulders. Place one hand on your abdomen and one hand on your chest to feel this rolling action. Then, with gentle control let the breath out slowly, pushing it all the way out with your abdominal muscles (feel them flexing), Then begin the cycle again by filling up the abdomen as far as you can, letting the air roll up into the chest and slowly and completely out again, Breathe in through the nose as much as possible, Practice this rhythmic breath until it is very easy for you to sustain a rhythm without needing to gulp for air or to worry about odd body sensations, such as light-headedness or racing heart, all of which may be common initially. They are not dangerous, You are simply overcoming (many

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years and probably many embodiments) of abnormal breathing and your body will need to readjust. It is a very safe readjustment for the body and necessary for subsequent changes. A regular schedule of exercising the breath (example - every morning and evening) is best, yet it can also be practiced any time, anywhere for short periods, Each time you finish the exercise ask your Electronic Presence (who YOU ARE) to sustain this rhythm through your physical body at all times,

EXERCISE 1B:

When you have a feeling of ease associated with the deep breath and it is no longer a struggle, begin to include visualizations,-----

Remember, firstly, that the air you breathe from the atmosphere is a gift of the Cosmic Holy Spirit. He breathes forth and creates an atmosphere around each planet to not only sustain life but to prosper spiritual growth, Therein lies the mystery of prana, The Lord Maha Chohan then serves to see that the atmosphere is maintained, cleansed and purified using the Elemental Kingdom so that the Fiery Breath of God is available to all life on Earth. As we breathe we take in the substance of life that has originated directly from our Father-Mother God through the Holy Spirit to us. It is a direct link with pure God life. It is a tangible part of the Eternal Sea of Life and you live, move and breathe in it. There is not one cell of your being that does not contain this nucleus of pure God Life and Light,

Visualize then, with each breath, your lungs taking in this Universal Light Substance as if you were filling up with a glowing gas, As your breathing cycle continues let it expand out into your chest ••, then into your head area and mind,

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••, out into your limbs •••• down into your internal organs ••• and all the way down to your toes. Feel yourself becoming lighter (en-Light-ered) . Relax into your Sea of Glowing Light. If there-is a certain part of the body in disease, concentrate the breath, through the attention, to that point and see and feel that area glowing more brightly with each ensuing breath. This is the ancient Eastern tradition of concentrating the breath for healing. Practice this short visualization on a regular basis, as your work on breathing proceeds.

EXERCISE 1C:

After there is some sense of mastery on a consistent level with the breath, next is to bring the four lower vehicles into order, unity, harmony and raising them into Christ Conscious-ness even for short periods.

Begin this exercise by re-establishing the slow, rhythmic breath. Put your physical body in a relaxed but poised position with spine straight, yet carrying no tension in any muscles. As the rhythmic breath continues, begin to relax into the growing pressure of Light coming from within your heart. See an ever expanding, spiral-ing, upward rushing Flame of Love, Wisdom and Power •••• Feel it spiraling up from your physical

heart center, increasing the entire vibratory action of the physical flesh structure. Feel this Elemental Temple of a living God -- acceler-ated by the pressure of this Flame expanding through it. Next, put your attention upon the etheric heart center and see again the Three-fold Flame expanding through your entire etheric nature

- accelerating the vibratory level of all eth-eric matter to its perfect state

•••• See then into

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the heart of your mental vehicle •••• the Three-fold Flame expanding there accelerating the sub-stance of the brain matter, etheric mind and mental vehicle into shimmering Light substance that carried the perfect ideas of the God-Head •••• crys-talline clear. Pause for a moment •••• and feel the connection here with Beloved Lady Crystal and the perfect mental healing of the Fifth Ray ••

- Now include the great heart center of your emotional vehicle, feeling that Flame expanding through every cell, molecule and atom of the great sea of your emotional world •••• Then visua-lize each of these Three-fold Flames blending as one gigantic spiralling Three-fold Flame ••• an up-ward rushing force of vibration and consciousness

- unifying each of the four lower vehicles. Visualizing them all in the perfect pattern of your Christ Self - not as a shapeless ovoids of Light, but as glowing beings of Light, one align-ed with the other ••• all in perfect harmony •••• in perfect Unity. Now with each breath feel that breath expanding to the depth of each of your four lower vehicles for it is the same Spirit of God that is animating each one •••• all now under the control of the Christ Presence. (Silent per-iod.) Now, with each of your four lower vehicles held completely in the dominion of this ever in-creasing force of vibration and consciousness (called "The Holy Christ Flame") we now turn to the visualization of True Identity).

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VISUALIZATION OF TRUE IDENTITY

(Give slowly, with deep feeling and to music)

So, I ask you now to look inside in conscious-ness -- and absolutely know -- not just believe or just accept but absolutely know yourself as simply a pulsating Being of Light. It is Electro-nic Light versus being Atomic Light. In the elec-tronic vehicle the Light is free flowing. In an atomic structure the Light is fixed in certain patterns - if you will - which are called atoms, molecules and so on •••• and the Light is fixed in

a certain pattern. But in this Electronic, pul-sating Being of Light every electron is free flow-ing -- certainly following the Divine Plan, but not fixed in certain

patterns. It is the elec-tronic nature of God that must function through the atomic nature of man (the elemental structure) and it is the melding of these two that seems so difficult.

See yourself as a pulsating Being attempting to get through the flesh rather than the flesh structure attempting somehow to invoke this Being of Light and draw it through, Be the God Presence. Simply feel yourself as a free-flow-ing sea of Light that can blend so easily with the entire free-flowing sea of Light that is the Universe.

Automatically your consciousness is raised above the human for you are not a human strug-gling to be a God -- You are a God Being resting in patience, knowing your time is very close when the physical structure can completely meld with the pressure of the Light of your own Being. Automatically you feel your consciousness expand-ing (like a beautiful balloon) -- it gets larger

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and larger - effortlessly taking on more of the perfection of ~he Universe - more of the perfec-tion of the Higher Realms of Perfection.

Let us acknowledge that as a firmly identi-fied Being of Light working through the flesh, we now put our attention upon the head centers the Chakra upon the forehead, where the Seven-fold Flame rests, the Chakra of the thousand petal Lotus upon the top of the head and also the source of Light at the base of the brain (the major ganglionic centers there) andwe feel these three sources of Light now - not just coordinating Light that comes from the Presence in con-sciousness ••• but rather as a source of Light - three magnificent Suns- that radiate outwards. This is the true wisdom which is embod1ied in Buddhic Consciousness and feel the pressure of Beloved Lord Confucius and of Beloved Lady Soo-Chee as it is Their service to literally train your brain structure to be radiating centers of this Buddhic Consciousness. This Wisdom Activ-ity combined with Pure Divine Love flowing out constantly from the Heart Chakra will give those around you such an experience of Divinity - with-out words - that they automatically want to know more of the nature of your own Being. Now make a firm agreement with yourself that you will hold this identity of a Light Being.

After this concentrated visit to the Higher Realms, slowly re-orient yourself to the physic-al environment yet maintaining the same vibratory level of True Identity -- Christ Consciousness •• The goal is to function through these perfected vehicles on a third dimensional- plane of Earth experience and remain at the vibratory level of Christ Consciousness. Each time this trip to the Higher Realms is made, this goal becomes clo-ser ~s your brain consciousness will be more

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attuned to monitoring Christ Illumined impulses and intuition and less preoccupied with the con-tinuing report of the five outer senses.

Most importantly, though, this state of con-sciousness is what is necessary for Healers to allow the powerful force of Light through their vehicles to heal another, as well as healing and perfecting their own vehicles. The Healer needs to practice this exercise of Christ Identity of-ten, until he or she can move about the work-a-day world and not drop at all from that level of vibration. We have said through the ages that harmony is necessary for protection, healing,

opulence and all of God's gifts. We have only meant that for the specially qualified Light Substances to get to you and through you to others the vehicles used need to vibrate at a continuous rate of perfection. Else, We would not risk Our energies through an erratic vehicle. Literally, the electrons spinning around the nucleus of an atom need to form a pattern that can conduct these currents, just as copper can conduct electricity, whereas a slower vibrating substance cannot. The degree to which your vehicles vibrate consistently at or, at least, toward Christ

Consciousness will determine the efficacy of any person's healing powers.

EXERCISE 2: Experiencing Yourself as a Healer

Proceed through the previous exercises of breathing, relaxation, centering yourself in the Three-fold Flame and true Christ Identity. When you have consciously raised each of your vehicles affirm to yourself I until it is a real experience, that "I AM ALL LIGHT". Say it with the same conviction Beloved Ascended Master Jesus does, until every vehicle, every cell and every atom is simply all Light blending one with the other, in a great sea of soft Light ••••

Now visualize a

powerful Green Ray manifesting itself in this sea of soft Light about the size of a telephone pole •••• This Light Ray anchors in your Heart

Chakra and seems to spring forth from your head centers ••• from the higher vibratory realms above. It immediately carries on out through the hands, which are simply an extension of the heart •••• It

also radiates directly out in Light Rays from your head and heart •••• as you direct thought and

feeling toward the one needing healing. This Healing Ray is actually crystalline substance with a green radiance •• Relax into this exercise

- without effort, as 'effort' will block the experience of a fourth dimensional consciousness.

- Let go and feel your bodies humming with this crystalline substance •••• as the great currents of Light are passing through you. This exercise is practiced in various Retreats, including Ours at Crete, so it is possibly not new to you now.

Look down at your hands and see streams of crystalline electrons with a green radiance pouring out of your hands and fingers •••• Move your hands gently around and make designs in the atmosphere with this green Light ••••• Build in the

conviction that this Light is yours to control and use and to fulfill your Divine Purpose. Create the same control with the Light coming out of the heart and head centers. Beam these Light Rays on articles in the room •••• toward people

you know •••• towards conditions in your environment •••• lengthening and shortening these projected

Light Rays and changing their direction at will. Remember, you are a God or Goddess finally claiming your Divine birth-right --- the mastery and control of

Light Rays and Energy. (One may close here with a few minutes of meditation in silence or proceed into the next exercise.)

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HEALING YOURSELF

EXERCISE 2A:

If the intent is to heal oneself, begin to focus these Healing Light Rays (Exercise 2) toward the diseased portion. Use your breath, your attention, your feeling and your Inner Voice to direct it there. See the blood stream and nerve

channels feeding that area, vibrant with Green Light. Further, if possible, place your right hand lightly on the actual painful or dis-eased part and your left hand lightly on the chakra that corresponds to that area (or alter-nately if you are unclear which chakra it should be, on the heart chakra). Visualize the power-ful Healing Ray then descending down your spine to whatever chakra center your left hand is placed on. Feel your right hand as if the Master Jesus Himself had placed His Healing Hand on you with healing pouring into the area. Do not be surprised if both hands begin to feel very warm. With the left hand feel the chakra center corre-sponding to the problem, being energized ••• spin-ning left to right like a great wheel of Light and Color. Consciously invoke your Body Elemen-tal, with adoration, to look upon the Divine Bluepr1nt of the Christ Self and bring now the the same pattern into the flesh. Repeat this invocation as many times as you need to build a new relationship with your Body Elemental.

That elemental can best of all restore a dis-torted etheric pattern for an organ and manifest a corresponding physical change. That elemental is in tune with the different •personalities' (vibratory patterns and habits) of each of the various organs and body parts and can apply that knowledge to the healing •••• if it is invoked and

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cooperated with. Then, contrary to past history, continue to build this relationship in times of health and vigor. We could give you the intric-ate details of the various organs (their rela-tionships, vibratory levels, inner purposes, etc,

•) yet is this not a perfect opportunity to trust that the Body Elemental knows this already and to cooperate with this elemental. Is this not outpicturing Beloved Saint Germain's New Age Consciousness of perfect cooperation with the elementals! The same applies to Healing Angels who are simply batteries of the quality of heal-ing and restoration, who need only invocation to cooperate in this healing process. It is fun-damental that New Age Healers reflect the Brother-hood of Angels, Elementals and Man, for if man can be healed through an experience with the elementals and Angels, much more cooperation in other areas would then follow. One of the moat wonderful aspects of the New Age is that each aspect of it (in this case healing) will fully support the expression of all other aspects. In this you can see Divine Unity.

As we continue this exercise I ask you to stretch your consciousness to where all of the various parts of the exercise carry on simultane-ously without effort of concentration or will power. The breathing, the raised vehicles, the Healing Ray manifesting through you, the Body Elemental and the Angels of Healing are all part of the healing experience. Yet none of them may be sufficient unto themselves. It is the nature of the New Age consciousness to synthesize these into a complete experience that is more than the sum of the various parts. This synthesized ~ perience of healing is the goal, yet one must begin by practicing the parts and building a momentum.

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EXERCISE 3 On Becoming a Healer of Others

Now we come to our great Love here at Crete -- Loving other creation enough to end suffering and restore the original perfection -- allowing that part of life to add its Light to the Whole. We also share a great reverence for the science and

technology of the original Divine Plan, as was released by our Father-Mother God - as well as to the process of its restoration.

The first aspect a potential Healer must acknowledge is the reverence for the position of 'Healer'. We have already discussed the necessity of simply facilitating God in Action, through both the Healer and the patient, which assumes a state of humility in the Healer. Secondly, wisely or not, people put their trust and their hopes in Healers, and a very high standard of ethics must be maintained, as has always been the custom in the healing professions throughout history. But the point needs emphasis, for much karma will come from misuse or abuse, intentional or not, of this trust. Since we are trying to establish an Order of New Age Healers, it is mandatory that each Healer represent that Order with the same high standards as if you had been asked to represent an Ascended Master. So reverence, humility and impeccable personal ethics are the mark of New Age Healers.

Once you have committed yourself to becoming a New Age Healer, whether you have any recognition in the outer world or not, you must continually be open for opportunities to heal. We are past the point where the Spiritual Hierarchy will tolerate students learning New Age Truths and not applying Them. As has been said before, I would rather have only several committed New Age Healers

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than many who only dabble in the field. That does not mean, necessarily, giving up an outer world avocation, but rather a consecration of Spiritual Energies along one chosen avenue. You cannot be all things to all people, and that includes the Hierarchy. On the Fifth Ray We have the Archangel of Consecration, Lord Rafael, whose momentum is available to all students desirous of making such a commitment. Now let us discuss more specifically several exercises for the New Age Healer.

EXERCISE 3A Healing in the Silence

PREAMBLE:

In this situation, one does not have the cooperation of the outer consciousness of the one to be healed, a situation familiar to many of you who have tried to heal a family member or close associate. It can be called 'passive healing', hoping some release can come to the suffering one. These intercessionary calls must come from someone on the same Octave as the one needing the release. I also assume there is no outer, active opposition, but rather your healing activities have been done without the other's conscious knowledge, possibly because of ideological differences. On the other hand, if one is intent on hanging on to a disease, our Father God Helios Himself could not wrench it free, nor would He try. This is a judgement each Healer must deal with. Think seriously on this.

EXERCISE:

Having proceeded through the earlier exercises to raise yourself to the elevated consciousness, visualize the one to be healed in the prime of their youth and vitality. Speak directly to

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the Mighty "I AM" Presence and Holy Christ Self-(Their true identity) and declare your intention to assist in the healing of the outer self of that one. It is imperative that you work through the God Presence of the other person so that all the energy given forth aligns itself with the Divine Plan and Pattern of that

lifestream. The Mighty "I AM" Presence of that person will then use the energy given in the most productive man-ner for that soul.

Feel an intense Green Light manifesting It-self through your consciousness, and project It forth from your heart, your head and out your hands directly to the individual. See the per-son completely enveloped in this Light, but with the most intense Crystalline Light directly in the area needing healing. Invoke at least two Healing Angels (and acknowledge Them individually) to stand within this Green Aura and intensify and sustain It with Their Radiation. Their Bodies may interpenetrate the body needing healing. Invoke then, the Body Elemental, and call upon the Law of Forgiveness on behalf of the individual - to all the elementals that have gone into the working of that body. Ask the Body Elemental• s coopera-tion in looking upon this Divine Blueprint of the Christ Self, and restoring the flesh to that pattern. Speak to it firmly but lovingly, and acknowledge its service. Invoke next the Angels of Violet Fire Purification to transmute the cause of this illness (here also the Circle and Sword of Blue Flame Angels are useful).andas it is being done, ask the Holy Christ Self to illumine the outer mind as best as possible, as to the lesson to be learned in the use of life. Continue to feel and see this beautiful Green Healing Light course through you to the one being healed, as

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you cradle that one in your mind's eye. Call to Beloved Vista and Lady Crystal to help ho:Ud the concentration and attention span necessary to get that Beam of Light across in sufficient mass and force to have a healing effect.

Music helps, as does an environment conduc-ive to Angels and Elementals (simple beauty and order, clear constructive colors, fine fragran-ces and candles) . The music I ask you to exper-iment with - for each Healer will have their own preference, and that will change from time to time according to the circumstan~es. Variations will extend from more mental qualities - as for example: Franck's "Prelude, Chorale and Fugue", to the more devotional music - as for example; Brahms (who was strongly influenced by Mother Mary) or Mozart - as for example: (the slow move-ment of his "21st Piano Concerto") or something in between, such as the slow movement of Hayden" s "Cello Concerto in C". Also, of course, there is the New Age Music that is beginning to appear through several gifted New Age musicians. I be-lieve My Superior on this Ray, the Great Elohim Vista, has \$pOken of such a New Age musician*• Again, I ask you as a Healer to experiement,and ask your own Guidance in this matter.

Do this exercise rhythmically, two or, pref-erably, three times per day for fifteen to twenty minutes. Early on, it may seem like a series of smaller exercises, but as the momentum builds it will soon become a continuous process, one build-ing on the next. Please remember, the clarity of that experience for you will affect the success of someone else's healing. Your level of respon-sibility has now increased for. remember, you began this exercise by declaring your intent to help heal another - to a God Being, the "I AM" Presence of the patient.

FOOTNOTE: lasos (Interdemensional Music through lasos)

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EXERCISE 3B - Healing With The Cooperation of the Patient

PREAMBLE:

In this situation, we have the greatest poss-ibility of an ~ffective healing. Hopefully, there is a friendly yet not too personal rela-tionship between the

Healer and the one being healed (as for example, doctors rarely treat their own families). It is always best, in fact it should be mandatory, that a trusted physician's diagnosis be rendered, and an outer treatment be-gun, unless somehow one has Divine intuition that the outer remedy may interfere. That is rarely the case, and generally inner healing com-plements an outer therapy. An accurate physical diagnosis is essential. In the near future, Healers and physicians will work hand in hand~ They have been doing so for quite a while here at Crete, and it just needs to be manifested. I ask you to seek out a physician that seems open and receptive (I believe there are more to be found now) and then trust that We here at Crete work with these physicians and that much progress is taking place.

Suffice it to say, this exercise is not much different than the previous one, except that there can be a ceremonious healing service ren-dered, which adds to the conviction of the experi-ence, as well as again supporting another major concept of Beloved Saint Germain's New Age con-sciousness (Ceremony). What better way to build in reverence, humility and to exclude the human ego, than through a Spiritual Ceremony.

Please insure that the one to be healed has come to an understanding as to the spiritual goal in mind, and has the correct understanding of the

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role of the disease in his or her own evolution. Thus, the Healer must be an educator first. The actual healing ceremony between Healer, patient and God, should take place once a day in acute illness -- or every several days to a week in more chronic illnesses. Please be sure that all involved hold an unwavering expectation of a healing and/or a spiritual advancement. Yet, this has to be done in a way that does not re-strict the process by giving it a time frame or an expected form. Obviously, it is the goal to end suffering and restore perfect organ function-ing. The place to look for del~y in results is not to be disappointed in God or Angels (r i.d.i.c.Lous but quite common) but rather to look for resis-tance in the one being healed, or in the Healer, or in their relationship. I would ask Healers to be very open to looking for just such resis-tance, and root it out by the various aspects of the Sacred Fire. A great skill Healers will require is in helping the one to be healed to identify and then transmute resistance to the process of healing. It is the old adage of 'let-ting go'. It is common knowledge in psychological medicine that some people prefer to remain sick which, as you might guess, is an effective block to healing. Here it is important to men-tion that silence must be maintained concerning the process. No one need know about the healing except the Healer and the one being healed. Talk-ing about it by either party to others is a form of human resistance and should be recognized as such.

EXERCISE:

Now that a conducive context to healing has been established, begin to work with the one being healed on the first two exercises -- relaxation,

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breathing and establishing order and harmony in the vehicles. This may occupy the first several sessions, especially if there is much pain or discomfort. Then when both are in a harmonious, raised, contemplative state in the environment of simply beauty, order and candles, begin with an invocation. (The invocation given at the beginning of this Treatment Section - or alternately, one of your own).

The one being healed then remains in this raised, contemplative state of acceptance through the whole procedure and the Healer alone conducts the ceremony. After the Invocation, the Law of Forgiveness should be done with the necessary word changes to apply personally to the one being healed. Next, the Blue Flame of Purity, from Lady Astrea and Lord Michael, needs Invocation to break down resistance to letting go to cut the patient free from any remaining psychic, astral, or discarnate energy, and for protection of the healing process as it unfolds. Use powerful music, and short clear Affirmations, that the Healer alone says. (I encourage Healers to develop their own Affirmations if they choose, tuning in as best they can to New Age Ceremony

••••

The efficacy comes not only through the words, but from the feelings that propel them forth, which is heightened if the Affirmation is one of your own, or one you are comfortable with.) Next the Violet Fire is invoked with Affirmations and visualizations to transmute the cause, core, effect, or memory of the disease, known or unknown (and it is not vital that it is known to the outer mind -- the Christ Self of the patient knows, and that is sufficient, as you are working with that Christ Self); See and feel the Violet Fire coursing through the elements that make up the vehicles of the patient. in this regard the

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Healer may want to stand over the patient, and literally blaze (from the heart, throat, head and hands) that Flame through the flesh structure. Speak directly to the Body Elemental and love it free from all resistance to this personality, using the Violet Fire, undoing possibly centuries of antagonism and resentment. Continually acknowledge the Angels of the Blue and Violet Fire, as this process of purification unfolds.

Next invoke the Master or Masters that you as a Healer feel most aligned with, and Their Angels of Healing. Mother Mary may accompany or be represented by Healing Angels of a soft blue radiance, Beloved Meta with a green radiance, or Beloved Lady Kwan Yin with an aquamarine radiance. When invoked, the Master will always respond on the return current of the attention, but it is more common that They, the Master, be personally represented by either the Angels (Who will always appear) or an appointed Sister or Brother from Their Healing Temple - an Ascended Being of lesser rank. There is a greater likelihood of an actual Ascended Master Presence of the One invoked, if the healing has a momentum of occurring at a regular time the Master can count on.

Once invoked and in place, with the patient's consciousness raised and purified, the actual substance of healing, which has been specifically prepared in the Inner Realms, can be released. This can be done through visualization (i.e. directly from Master and Angels to the one being healed) or through the laying on of hands directly. Here the Healer has volunteered his or her vehicle for the Master or Angels to use (this assumes an advanced state of 'getting the human out of the way') but We encourage it, as it is a

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fundamental part of manifesting the Brotherhood of Angels and Masters and men. Either visualizing or laying on of hands is an opportunity for both Healer and patient to practice channeling and remaining open and accepting in all the major centers. During the visualization, the patient does participate. Here I would like you to see the etheric envelope of the flesh structure alive with radiant Christ Light. See the chakra centers on the etheric level, spinning brightly with clear colors, sending out energy from them, as if a wheel spinning

with Light. When the healer feels prompted, the hands may be used firstly to stroke the etheric body, with the fingers pass-ing the Light pouring out of the Healer's hands, to vitalize the etheric body, expecially over the diseased area. Stroke gently, back and forth, seeing the Light intensifying as it pours through you over the patient. Next, gently lay both hands lightly on the flesh, over the diseased portion •. After a strong current is established (several minutes) shift the left hand to the chakra involved on the patient, and feel it ener-gizing that area, which assists the chakra to reorg_anize and strengthen the energy· flow through the nerves and the glands to the diseased area. If unclear as to the chakra, and having asked for guidance, put the left hand on the heart chakra. Maintain that position until a strong current is flowing, and you are experiencing the the healing being done.

Here it is important to emphasize that the Healer must remain a positively charged outgoing Force of Light and not in any way remain open to any imperfect substance back from the patient. Both hands are always projecting Light Rays for-ward and neither act as an anchoring or negative

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pole. The Healer must have the discernment of being able to maintain an attitude of acceptance as regards a healing taking place, without accept-ing any of the patient's disease. This discernment must be clearly established before a Healer begins practising healing and thereafter continually strengthened in times of prayer and meditation.

This portion of the ceremony continues on for ten to fifteen minutes, to music conducive for healing - generally soft, tender and loving. Remember that this healing substance is one of the aspects of the Holy Spirit. The Ceremony should be ended with a Benediction and acknowleg-ment of all the Beings involved. The entire ceremony from Invocation to Benediction should take no more than one half hour. It is more important that they be shorter and rhythmic, than longer and less frequent, or haphazard.

A great deal more can be added if both Healer and patient agree to attend, with Their Sponsors the Healing Temple each evening, when in their finer bodies at night. Work on the healing pro-cess in the Inner Realms can then be done as well, Beloved Ascended Lady Master Leto would love to assist in bringing back the memory of these inner sojourns, which can help manifest the perfect healing in the world of form. Suffice it to say, I expect the Healer to consciously ask nightly to attend the Healing Temples in the Halls of Science recently established at Crete.

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EXERCISE 3-C: Healing Groups

PREAMBLE:

Healing Groups or Classes is an honored tra-dition here at Crete. Many of you are aware through previous writings of the Ceremony used here at Crete, by the Brotherhood Who sustain the Healing Flame. Allow Me at this time to present a summary of that work. A number of Bro-thers or Sisters of the - Healing Temple form a Circle around the Healing Flame. The first part of the Service is dedicated to the invocation and strenghtening of that Healing Flame and the substance of healing through the Brothers and Sisters. This is the work of invoking, precipi-tating and assimilating the healing substance from the Source of Healing in the Sun. This first half of the Ceremony is done with the par-ticipants facing the Flame in a Circle. The second half of the Ceremony, the

Brothers and Sisters about-face, facing outward from the Flame, and this involves the work of Expansion and Projection of the Flame into the atmosphere of the Plane: for a worldwide blessing and for the availability of this healing unction to the Healers of the race.

For beginner Healing Groups, even at the Temple of Crete, instead of the chelas gathering around the Healing Flame, they gather around the Presence of a tremendous Healing Angel, which is a battery of healing power. They then draw forth and assimilate from that Angel, the Healing Substance, and practice expanding and projecting it forth into the atmosphere. In your work in Healing Groups, I would ask you to do the same, inviting a Healing Angel, to not only be the Silent Watcher of your Healing Group, but to be the source on a continual basis of the powerful substance of healing from the Inner Realms.

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Here, the Director of a Healing Group must make a discerning judgment. There will be chelas who will gather together in healing groups for nonspecific, generalized healing blessings focused in a certain locality, a particular hospital, or even world wide. A second type of service is for the chelas attending who are desirous of their own healing. A third alternative is for the healing group to invite a particular patient and work on the one individually. This, of course, can also be done at a distance to one needing healing if personal attendance is not possible (absent healing through projection).

Let us deal with each of these individually. When a group of New Age Healers gathers together they will always receive the personal attention of one of the Ascended Sisters or Brothers of our Retreat here at Crete. Unselfish New Age Healers giving a general blessing of the healing substance to a certain locality or world wide are like powerful recharging stations that are needed around the world. Their service is very similar to the inner work done here at Crete, which is described above. The form of the class is up to the Director, but should take the general outline described above in the work done at Crete. The music, affirmations and specific ceremony is up to the Director,

The second alternative can sometimes follow directly after the first type of services has been given. By this I mean it is fine that after a Group of Healers have met for approximately half an hour to three-quarters of an hour in a more general healing service, that those requiring healing can attend the second half of the service and participate in the Healing Substance that is already flowing strongly. However, it

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should not be done in the reverse, where there is some specific healing done, and then trying to give forth a general blessing. The impersonal flow of healing should always come first.

If there are a number attending who require healing, the class should be structured so that they simply participate in the healing affirmations, visualizations, songs, etc. This is most efficacious if none of them are in any acute distress, and if the same group can meet on a regular basis to establish a momentum. As mentioned though, the group requiring healing (this being the motive for attending) should not be allowed to dilute the preceding work of the group of New Age Servers, who are giving a general blessing of healing substance to a locality or the Planet. Of course the same group of chelas may first do a general impersonal healing class and then concentrate on themselves.

Now a specific service can be done for an individual, who has agreed previously with the Director to receive a healing through the group. Here the ceremony can be done where the Healing Group sits in a circle around the one requiring healing. The patient sits directly under the Healing Angel in the center of the group, and the group Director would do a process similar to healing the patient himself. The group simply add a tremendous momentum to the Invocation, Assimilation, Expansion and Projection of the healing substance into that particular patient.

Here again, the degree of commitment of the members of such a group and their ability to meet rhythmically so that the Angels and Masters can also establish a momentum, will determine much of the efficacy. The responsibility for this occurring falls upon the shoulders of the identified Director of the Healing Group.

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EXERCISE 3-D: Chakra Classes

The Hierarchy desires that the students become more and more attuned to their finer etheric substance, as the Earth's own evolution will become more and more etheric. This exercise will help the students of The New Age prepare for the shift. There are two renditions of this class, one being the entire class itself dedicated to the chakras -- the other being a shorter chakra service within a larger class.

Firstly, We will discuss a chakra class that is designed entirely for that purpose. It involves the normal ceremony of the Acolyte and invocation, and then the attention is turned towards the chakras. A reading from the first part of this Primer may be useful to review with the students for an understanding of the chakras.* Then, individually each chakra, beginning at the base of the spine, is purified by invoking the powers of the Blue and Violet Fires - using a short, dynamic decree with music and visualization. Then the Resurrection Flame, invoked from Beloved Lord Gabriel and Mother Mary, is blazed through them, with each chakra becoming resurrected and restored to its original pure functioning. The Resurrection Service can be done by firstly invoking those Beings through worded invocation and/or short affirmations, and then a powerful piece of Resurrection music (as for example Boito's Prologue to Mephistopheles - last five minutes). The Resurrection Flame should be seen and felt as a strong Electronic, current blazing through each of the chakras as you proceed

up the spine. Then the presiding quality

*FOOTNOTE: See also Pg. 216 "The Seven Mighty Elohim Speak" -How to make Chakras radiating centers.

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of the chakra (as outlined in the Primer) is charged into each chakra by invoking the Chohan preferably, or any Ascended Being on that Ray (as for example, Beloved Serapis Bey for the White Fire chakra at the base of the spine). The goal should be a spinning center of energy that is giving forth a positive stream of Outgoing Light. For example, the base chakra should be an outgoing source of Creativity and Purity, the spleen chakra a constant Purification, the solar plexus -- an outward expanding force of Peace (and not the open door for fear, which it is in most of mankind), the heart chakra - an ever-expanding focus of Divine Love - a crystal-line clear direction of Divine Will through the voice, and the head centers --- self-luminous sources of Light forming the opening of the third eye, and a general halo of illumination around

the head area. Eventually all of the purified energy of the chakras spirals up the spine, until they gather a tremendous force in the Buddhic Consciousness of the top chakra (the Thousand Petal led Lotus).

It bears mentioning here that the New Age will- function mostly through the heart, throat and head centers of the race, and the bulk. of the attention should be given accordingly. But all the chakras need the Purification, Resurrection, and the Positive Charge of the presiding Master of that Ray.

Thus the class proceeds through each chakra individually, spending about five or ten minutes on each. The chakras should be experienced on the physical and etheric level, as wheels of Light and Color, spinning outwards. They are smaller on the bottom, and grow larger as you proceed up the spine, until the top chakra forms a golden yellow aura around the head of Pure God Illumination.

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EXAMPLE:*

1. Chakra at the Base of the Spine

A. Invocation of the Blue Fire of Lord Michael And Lady Astrea's Purity.

Blue Fire Affirmation

Blue Fire Music (eg. Church Windows: 2nd band - Respighi). Visualization

B. Violet Fire Invocation and Affirmation - charging the Fire of Transmutation through this chakra.

Violet Fire Music (eg. Ride of the Valkiers- Wagner) - Visualization

c. (Optional) Combined Blue and Violet Fire Activity - Magic Fire Music - Wagner. (eg. A and B may be combined into one instead of separately).

D. Invocation to the Powers of Resurrection. Affirmation, "I AM the Resurrection and the Life of this Perfect Chakra." - or something similar.

Resurrection Music (Boito's Prologue to Mephistopheles -- Visualization

E. Invocation to Beloved Serapis Bey to charge this chakra with the joyous, raising, buoyant power of the Ascension Flame.

Ascension Flame Music - Visualization

*FOOTNOTE: --- The music for this service is found on the "Flame Services" tape from the Music Library of the Masters.

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2. Chakra at the Center of the Abdomen

Same ritual repeated. The service should be shortened at the Director's discretion possibly to no more than 10 minutes per ohak r a ,

3 to 7 etc.

The second chakra service mentioned is a much shorter service, wherein there is a •quick' tune-up of the seven chakras. The following is a visualization to the chakra tones (available also on the "Flame Services" tape from the Music Library of the Masters*). The chakras are •tuned-up' with the presiding quality of the month (an activity of the assimilation of the Flame in the Ascended Master Retreat active that month) or any specific quality that is felt needed (eg: healing, purification, resurrection, etc.) The example is for the activity of Beloved Claire - The Elohim of Purity, followed by a raising of each chakra with the Ascension Flame •••• The exercise twice thro~gh is approximately ten minutes

*FOOTNOTE: These seven tones are from the Album "Inside II" -Paul Horn - beginning of side 2.

CHAKRA SERVICE

(Water sounds)

Please feel your physical structure comfort-able in your chair •••• relaxed with your spine

straight •••• breathing deeply and rhythmically.

(Vibrational sounds)

Please, now turn your attention to the Seven Chakra Centers from the base of the spine up to the Thousand Petalled Lotus at the top of the head and visualize these Seven Chakra Centers out from the Central Sun of your own Three-fold Flame; as Seven Planets in their own perfect or-bits. Let us use the (Purity Flame) of the Beloved Claire as we go through each of them - each one spinning as a scintillating Center of Light.

FIRST TONE (barely audible)

So please put your attention on the chakra at the base of the spine - the White Fire Chakra of Beloved Serapis Bey •••• scintillating with the powerful Light of Purity from the Elohim of Purity - Claire ••••• Feel it there at the base

of the spine - both the physical and etheric structures.

SECOND TONE

Up into the center of the abdomen -- the Violet Fire Chakra of Beloved Saint Germain - purified and scintillating with the Light of Beloved Elo-him Claire.

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FLUTE MUSIC

THIRD TONE

Up into the solar plexus ---the beautiful Golden Chakra of Peace, giving forth that Peace with the scintillating quality of Purity -- charg-ed by the Elohim Claire -- feel it spinning in your solar plexus.

FOURTH TONE

Up now into the Heart Chakra - feel that ex-pansion of Light blazing up from your heart, across your chest, out your arms and hands - the Purity of Beloved Elohim Claire.

FIFTH TONE

Up now into the throat chakra and the scintil-lating Blue Light of Beloved Lady Miriam and the crystalline diamond Light of Beloved Elohim Claire.

SIXTH TONE

Up now into the head chakra ••• the beautiful green -disc upon the forehead - giving off Rays of Purity with the crystalline substance of Be-loved Elohim Claire.

SEVENTH TONE

Up now to the top of the head - the Thousand Petalled Lotus - supercharged with the electronic substance of the Elohim of Purity - drawing all the other chakra centers up into the experience of perfect Wisdom and Purity.

We hear the song of our Christ-Self as it is melding Its electronic nature into the atomic structure of this physical-etheric body and it is through these purified chakra centers that the electronic Christ Nature shall work Its miracles, shall exert Its force and Its full dominion in the physical- etheric realm. Feel also the

Seven-fold Flame of the Elohim alive upon your forehead as it interconnects now with the Seven Chakra Centers. Now we are ready to receive the Light of the Great Hierarch Serapis Bey.

SECOND TIME THROUGH - (Vibrational Sounds)

Let us feel the pressure of His Luminous Presence blazing as it is from the Permanent Central Focus of the Ascension Temple •••• a beautiful building shaped as a pyramid, that is built of soft crystalline substance - like unto freshly fallen snow with the Sun shining upon it. We see upon the crystalline Altar, the beautiful buoyant upward rising Ascension Flame and we feel now the Luminous Presence of Beloved Serapis Bey projecting into our individual beings - the substance of the Ascension Flame.

FIRST TONE

We feel it now at the base of our spine - His own chakra center of purification and all the gifts of the Ascension Flame blazing upward through the spine.

SECOND TONE

Up into the middle of the abdomen, the Violet Fire Chakra of Beloved Saint Germain - alive now with the buoyance of the Ascension Flame - a beautiful White crystalline substance.

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THIRD TONE

Up into the solar plexus and feel this chakra spinning perfectly in your physical-etheric structure - the beautiful White Ascension Flame now blazing upon that chakra center at the solar plexus.

FOURTH TONE

Up now into the Heart Center, the large beautiful Pink chakra that now ties into our feeling nature, alive with the full buoyant radiant force of the Ascension Flame.

FIFTH TONE

Up now into the throat center the beautiful Blue chakra spinning perfectly - alive with the White Fire of the Ascension Flame - Feel that at your throat.

SIXTH TONE - SEVENTH TONE

Up now in the Head Centers and at the focus of the Seven Mighty Elohim - - - we feel the pure White Ascension Flame - projected there by Mighty Serapis Bey --- almost like it is burning upon our foreheads --- blazing back into our brain structure. We feel it now upon the Thousand Petalled Lotus at the top of the head---- again

bringing all the Seven Chakras into alignment -- upward blazing to the top of the head into the Light of the perfect Ascension Flame - Ascending all the energy up our spines into our Electronic God Presence which "I AM".

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FLUTE MUSIC

Feel now your spines - as a pure White Light of the Ascension Flame - which is an eternally upward rising force, vibration and energy - ascending all energy in your physical-etheric structure up into the Electronic Presence - a continual force of increasing vibration and consciousness.

HEALTH MAINTENANCE

Keeping the chakras pure and vibrating rapidly adds very greatly to the maintenance of health, for it allows the finer energy forms (such as the higher aspects of music, color, fragrance and the healing currents of Angels and Masters) to continually filter through to the physical form.

Healers have a responsibility, that as the patient recovers from all illness, he or she is assisted in maintaining that healthy state. In-troduction to the use of protection and purifica-tion decrees and affirmations, the on going use of their own visualizations, keeping the chakras tuned up, as well as good nutrition, exercise and the balanced life (proper amounts of construc-tive work, relaxation and contemplation or holy time). Here the Lord Buddha's Eight-Fold Path is worth studying. Surrounding oneself with simple ordered beauty, clear constructive colors and uplifting positive music can add much to health maintenance. One can see our purpose is to generate other healing leaders and not follow-ers. This brings us full circle to one of our original premises; that before a healing is done or even contemplated, the Healer has discovered

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the patient is willing to change his or her life• s qualifications of energies to no longer generate the causes and core of disease. Otherwise the patient is doomed to repetition of disease and the Healer has wasted time and energy.

CAUTIONARY NOTES

We have nut discussed the topic of the heal-ing of the family or other organizations and the many psychological aspects of spiritual healing. These certainly are topics that could fill other healing volumes and have the interest of many Ascended Masters.

My cautionary note now, however, as this vol-ume draws to a close, is that one absolutely re-mem-ber at all times, that illness is clearly the responsibility of the patient and that he or she is absolutely at free will to hang on to it or let it go. Healers only guide and suggest; all according to the free will choice of the patient. With this rule uppermost in your mind it will protect you from taking on added karma or ano+he r ' s illness.

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CLOSING

My beloved co-servers in dispensing God's gifts, please realize this Primer is only that-- a beqinning. It contains enough knowledge and guidance to get you started in this great service to life, but it is by no means complete. I per-sonally hope that if you feel you need more than this simple outline that you cultivate a relation-ship with the Angels and the Masters of Healing, to bring through yourself the knowledge and ex-perience you may need. You are all aware that your success at reaching us will depend on your purity of motive, and I truly hope you succeed. For let us be clear with one another, it is not the intention of the Hierarchy to spoon feed you.

The previous Golden Age developed in that way but never lasted. We need you to continually reach up to us, to remain in 'listening grace•, and then to anchor in your realm the Light need-ed to establish this Golden Age among the people by the people, for the people. We are ever at your assistance in the Inner

Realms. Visit us often,

Healers of the New Age, Arise--~ Our time has come. I love you.

THE MASTER HILARION